

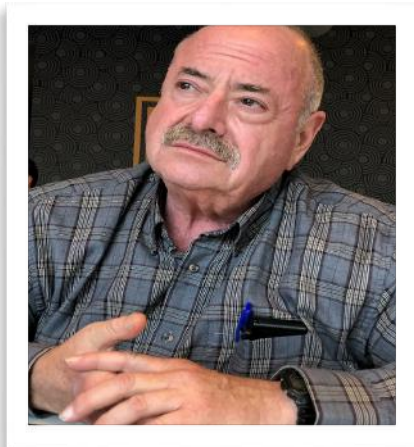
The Grapevine

May 2023

Volume 38, Number 9



BUILDING KNOWLEDGE & ENRICHING THOUGHT



Dr. Michael Baker (Retired Rear Admiral)
The Use and Misuse of America's Military
Six Thursdays 10:45 AM -12:30 PM, April 13 – May 18
On Zoom with Recordings Available Through June 30

You can still sign up for retired Rear Admiral Baker's timely and important course. Dr. Baker takes a critical look at the use of our military and how it can be improved. Classes are recorded. Therefore if you sign up in May, you will receive links to the recordings of all the classes as well links to his remaining live Zoom classes. The recording links will be accessible until June 30.

Of particular interest are his final two classes. On May 11, he will examine the impact of continuous and often failed military engagements on our veterans and their families and on May 18, he will discuss the role of the military in American society and how it can be improved.

To REGISTER for this fund raiser and see a complete description of the course on our AAUW web page go to:
<https://healdsburg-ca.aauw.net>

Please encourage your friends and family to register for the course. ***Remember, this course is a fund raiser for our AAUW programs and scholarships.***

Celeste Plaister
Forum Chair

Spring Has Sprung!

As usual, we have had a busy month, with a lot of exciting things happening.

Tech Trek

This month, we selected eight Junior High girls to attend the two one-week sessions of Tech Trek, one of our most exciting programs. This year's Tech Trek STEM camp will be held at Sonoma State University. At least three of our members will be contributing this year: **Mickey Sarquis** will once again teach a course on water science; **Mary Barsony** will teach an astronomy course; and **Karla Rosen** has volunteered to be a dorm mom. More part-day volunteer opportunities will be announced soon, so be on the lookout for an eblast outlining them. The energy of these young girls is infectious, and I encourage you to get an energy jolt from them!



Expanding Your Horizons (EYH)

Speaking of an energy jolt, on April 15 I joined STEM Director **Patty McHugh**, Tech Trek Director **Nancy Haiston**, and former educator **Maryann Cavallo** at Sonoma State University for Expanding Your Horizons (EYH). We helped the girls register for the hands-on workshops. EYH is a nationwide one-day conference for young women to learn about career opportunities in math and science. AAUW partners with the *Expanding Your Horizons Network* and local technology and science companies in supporting this event.

PSST Grant Distribution

This year our branch received a grant of \$24,000 from the local non-profit *Public Schools Success Team* (PSST) which was disbanding and accepting grant applications to distribute their remaining funds. One of the areas we highlighted in our grant application was funding for early childhood education (preschool). Since 2017, Healdsburg Unified School District has partnered with the North Bay Children's Center to run a year-round preschool program that prepares three- and four-year old students to enter transitional or regular kindergarten at Healdsburg Elementary School. At our April meeting, the board voted to allocate up to \$1,000 to purchase the "Handwriting Without Tears" syllabus to be used at the preschool.

Diversity, Equity, and Inclusion (DEI)

Our new DEI Officer, **Donna Riley**, gave a presentation to the board outlining her research into the topic of DEI. The big takeaway for me was that if we want to create relationships with diverse members of our community, we need to go to them, not expect them to come to us. Something to think about and work on.

Upcoming Event – Mark Your Calendars for May 20 End of Year Celebration!

Our End of Year Celebration is slated for May 20 and is a potluck luncheon highlighting our volunteers and accomplishments this past year. See more information later in this issue with instructions on signing up and what to bring. An eblast will follow as well. I hope to see you there!

Laura Tredinnick

President, Healdsburg AAUW

Membership



It's Time to Renew!

Yes, it's that time of the year once again when most of our memberships renew. In the past, all memberships renewed on June 1, but AAUW National is now starting annual memberships in the month in which a new member joins. For all those whose memberships expire in March, April, May, June or July of 2023, National will be sending renewal emails in late April. For memberships that expire in August or September, National will send renewal emails in June; and for expiring memberships in October, November or December, renewal emails will be sent in August 2023. Please be on the lookout for those emails.

This year, you will have 2 options for renewing:

- By credit card directly with National, or
- By check mailed to Healdsburg AAUW

IF YOU CHOOSE TO PAY BY CREDIT CARD DIRECTLY TO AAUW NATIONAL, the email you receive from National will contain detailed instructions on the payment process. Please do not log in to aauw.org to make a payment before you receive the renewal email. National will forward your Branch dues to us.

IF YOU CHOOSE TO PAY BY CHECK, please make it payable to Healdsburg AAUW and mail it to Healdsburg AAUW at PO Box 1064, Healdsburg 95448, in the amount of \$125. I will forward your National and State dues to National.

IMPORTANT: Both National and Branch dues amounts are increasing this year. National dues are \$72, of which \$69 is tax deductible as a charitable contribution. (The remaining \$3 is not tax deductible because it supports the AAUW Action Fund's section 501(c)(4) Capitol Hill Lobby Corps, and get-out-the-vote activities.) Healdsburg Branch dues are \$33. CA State dues are unchanged at \$20. Total dues for FY24 are \$125.

If you have any questions at all, please contact me via email or phone.

Janice Sexton
Membership Director

End Year Celebration!



Come and celebrate our Branch and individual accomplishments of the past year.

When: Saturday, May 20, 11:30 am

Where: The home of Jan and Brent Stanley
437 West Dry Creek Road

What to bring:

A-C Bring one bottle of wine

D-M Bring a salad

N-Z Bring a dessert

Everyone bring:

- A hat – it will be warm and sunny outside
- Your dish (above) and a serving utensil
- Your own picnic pack: plate, silverware, glass, and a bag to bring your dirty dishes home in

RSVP by May 10 to jan@stanleyvineyards.com

Meet Our New Member

Carol Beattie



Carol started her career out of high school with the Palo Alto Police Department where she worked for 10 years as a police cadet in community relations, as a volunteer reservist, and eventually a full-time police officer. From here, she moved to investigation with the District Attorney's Office while attending San Jose State University part time to complete her BA degree.

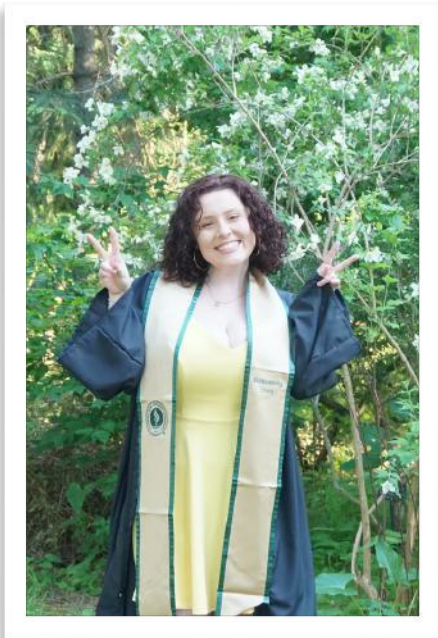
Changing course, Carol earned a master's in business and organizational management in 1988. She spent 10 years at Lockheed Corporation, facilitating communication and change within the company's many departments and shepherding transitions in leadership.

When her children were young, Carol decided she need more flexibility in her work hours and moved into the non-profit world where she worked with both arts and social services non-profits. After learning the mechanics of the non-profit world, Carol moved easily into fund-raising, returned to San Jose State as a development director during a campaign, and stayed until she retired.

In 2014, at retirement, Carol moved to Healdsburg and after a bit of a rest became involved with HealdsburgForever.org (a community fund granting funds to non-profits), enhancing fundraising for this all volunteer organization for more than 8 years. As she limits her involvement in the group to fundraising, Carol decided to join AAUW where she is considering a book group, joining a hiking group and helping out with STEM. Carol also is excited to start traveling again, resume horseback riding and enjoy more entertaining.

Carolyn Boustany's Story

2018 recipient of the AAUW Healdsburg Branch High School Scholarship



College just never seemed possible for me. I didn't get straight A's or skip a grade like my older brother. Even though I too had good grades, I had always prioritized the sports I played over academics. But I did want to go to college and gain from the experience I would have. So, in my senior year at Geyserville New Tech Academy I applied to a handful of schools and ended up attending California State University, Sacramento, which turned out to be a great fit for me.

I'm most happy to report that after my four years at Sac State, I graduated in May 2022 with my B.S. in Family Studies and Human Development. The AAUW scholarship you provided helped me afford the dorms and school supplies during my first semester away from home and laid the foundation for the remainder of my college experience. Having the financial burden of tuition, rent, school supplies and fees can make a student feel extremely stressed, but your scholarship provided the resources and motivation needed to push through my struggles. In this first year, I was building a lifestyle foundation that sustained me throughout the rest of my college career.

Although I'm sincerely grateful to my family for the assistance they provided, my financial responsibility for rent/schooling was very significant. Learning to manage and balance my education/work expenses and experience actually opened some useful doors. While carrying a full load my senior year, I also did an internship at a safe home for women and children where I helped make and serve meals and play with the children in the daycare. I would do this 3 days a week, while also working part-time with the athletic department at Sac State and full-time at Target. I worked extremely hard to be able to be the first person in my family to graduate from college and make myself and the people who care for me proud. I still live in Sacramento, and I currently work as a team lead at Target, do on-demand work for the athletic department at Sac State, and hold an internship at a nearby school district. With the internship, I mentor children at different grade levels who have gone through trauma with the aim of giving them a positive role model to interact and engage with. I find so much joy in being able to help children find their passion and see them start to believe in themselves, just like the AAUW scholarship committee believed in me when I started my journey.

I can easily say that since the end of my undergraduate years, I have never been so proud of myself in all aspects of my life. I always struggled with my confidence with anything I do. I truly believe the challenges I faced during school made me so appreciative of the support I received from my family, friends, professors, and programs that awarded me scholarships to make it possible for me to earn my degree. Not only did organizations like AAUW support my education, but they were a huge part of me gaining more confidence in myself and believing that I could do things that I never imagined I could achieve. At the end of the day, nobody can take away my education and I am forever grateful for it all.



Tech Tip

Do you have an interest that isn't covered by our current groups? Would you like to start a new group (movies, travel, etc.)? Get in touch with the Past President, Kate Van Ness, to talk about your ideas. She'll give you guidance about how to begin.



A Note From Your Publisher

Just a reminder The Grapevine will be on hiatus during the summer! June will be our last issue until September when we welcome Fall. So please send your submissions in for June by May 15. August 15 will be the deadline for September. Hope you're all enjoying the Spring weather that is finally arriving.

Kim Brown

If you are aware of any member who is ill, has had an operation or an accident, has passed away or had a close family member pass away, please notify Holly Schatz so that a card can be sent from Healdsburg AAUW. Email: hollypschatz@gmail.com. Phone: 415-305-4559

Published monthly, except in July and August. Please submit articles and announcements in WORD or PAGES, Calibri 12 pt font justified, and images in .jpeg by the 15th of the month prior to the issue in which you want them included. The Grapevine is available to the general public, therefore please be cautious about including personal information. Send articles to Kim Brown: krb.jlb@gmail.com.

