

## Friday Hikes – May 2023

**May 5**            **Alma O'Brien**            **Trione-Annadel State Park**

This Friday we will be back in Trione-Annadel State Park for a spring wildflower hike. Weather is likely to be cooler but no rain. We will do a loop trail starting at Warren Richardson parking lot at the end of Channel Drive. Estimated 8.2 mile loop, with gradual 1400' elevation. Lunch at the lakeside. Wear hiking boots and bring poles, water, lunch and layers.

**May 12**            **Robin Goble**            **Shiloh County Park**

**May 19**            **Nancy Jane Andrews**            **Healdsburg Parks & Russian River Hike**

7 miles, all flat. Meet at the Healdsburg Community Center at 9:30 am. We will walk the Foss Creek Trail heading south to the Roundabout, take a quick look at the Mill District & Quail & Condor Bakery (!) and then head east along the Foss Creek Trail to the Old Train Station. Next we will walk through the historic neighborhood to Badger Park where I can tell you (very briefly) about the restoration plans which include opening up the access and vistas to the Russian River. We will then head up river to the unofficial beach area. Giant Reed, *Arundo donax*, has been largely eliminated so one can actually see the Russian River now! We will then turn around, return to Badger Park and head up University Street passing by several local Parks (including the smallest Healdsburg park) and make our way back to the Community Center. Lunch, hats, poles if you want them.

**May 26**            **Hilary Kambour**            **Tomales Point**

Join us for this really special hike along Tomales Point at Point Reyes National Park. This 9 mile round trip will be spectacular with wild flowers, coastal views and hopefully Tule Elk sightings. Maybe even some whales. I'll bring my husband, Mike, the wildflower expert and so other guys are encouraged to come along. It's a long but beautiful day. Let's meet a bit earlier — 8:30 at city hall and hopefully back around 4-4:30. Bring lunch, poles, water and a hat.