

The Grapevine

March 2023

Volume 38, Number 7



On March 9 we will wrap up Anastasia Edel's timely and important course on Russia's War on Ukraine. We have over 150 students watching her live online and recorded classes. If you would still like to register for the course, the recordings of her six lectures will be available for viewing through April 30.



Starting Tuesday April 11, we are fortunate to begin a related lecture series entitled the **Use and Misuse of American Military**. Our instructor is **Dr. Michael Baker**, a retired Rear Admiral and trauma surgeon, with experience in operational medicine, combat deployment, medical intelligence, and strategic planning. He has taught multiple well-received courses for the UC Berkeley OLLI program, and is a frequent lecturer on the topic of our involvement in Ukraine and other military engagements. He is visiting Ukraine this month to assist the Ukrainians with casualty care.

We had hoped his course would be an in-person course; however, at this time we plan to present the class on Zoom. If there is a large enough enrollment and interest from our students, we may be able to return to the Raven Performing Arts center for in-person classes for some or all of Dr. Baker's classes, as well as provide recordings to those who can't attend in-person.

Instructor: Dr. Michael Baker
The Use and Misuse of America's Military
Six Tuesdays 10:45 AM -12:30 PM, April 11 – May 16

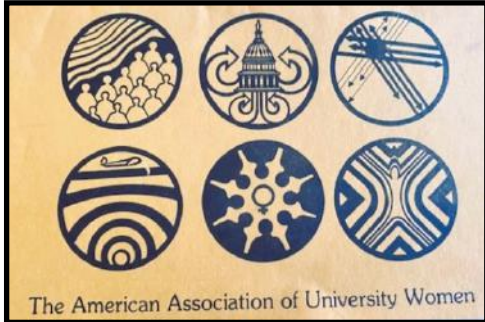
In March Dr. Baker is going to record a complimentary presentation discussing his recent trips to Ukraine entitled: **Teaching Casualty Care in Ukraine: Helping Ukrainians Defend Themselves and Their Homeland**. We will email a recording of this presentation to our membership and to all those who have previously attended our Forum courses.

The start time for Dr. Baker's class is currently **10:45 am**. We may adjust this time further if we return to in-person classes to allow for Dr. Baker's schedule.

Please encourage your friends to sign up for this timely course, as this is a fund raiser for our programs and scholarships.

Celeste Plaister
Forum Chair

President's Message



Museum Exhibit

This month I have worked on a fun project: putting together AAUW Healdsburg artifacts for an upcoming show at the Healdsburg Museum. The exhibit is showcasing Healdsburg non-profits. The photo to the left is our handbook from 1980-81. I am so taken by the graphics! Here's a little bit of the history which is part of our exhibit:

“The Healdsburg Branch of AAUW, serving Cloverdale, Geyserville, Healdsburg, and Windsor, was founded in 1975 by new residents **Jean Short** and **Chris Welty** through a local preschool associated with SRJC. It was comprised of a group of young mothers looking for other women with shared interests.”

As participants, we will be invited to a gathering at the museum to view the exhibit and meet with other non-profit organizations.

What else is going on?

March is Women's History month, and our local branches are recognizing it in various ways. Look for articles and flyers in this issue about these upcoming events:

Santa Rosa AAUW March 8, 3:00–4:30 pm

Come hear Gilda Gonzales, CEO of Planned Parenthood Northern California, talk about the future of reproductive freedom.

Finley Community Center, 2060 West College Ave., Santa Rosa

Petaluma AAUW March 19, 3:00—5:00 pm

Our neighboring branch is excited to be presenting the first LUNAFEST film festival in Petaluma. LUNAFEST has been elevating the work of women filmmakers for over twenty years with a traveling film festival.

Ellis Auditorium, Santa Rosa Junior College Petaluma Campus, 680 Sonoma Mountain Parkway, Petaluma, CA 94954

Healdsburg AAUW March 14, 6:00–9:00 pm

Equal Pay Day Event, showing the movie “Woman of the Year” followed by a panel discussion.

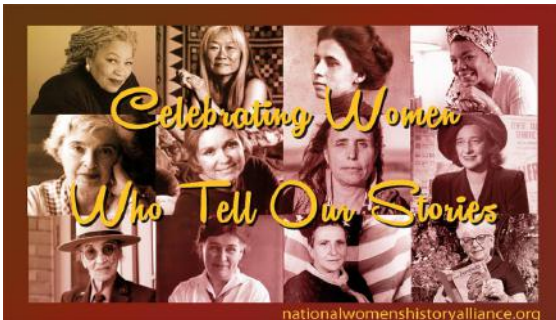
The Studio at Plaza Cinema, 375 Healdsburg Avenue

Enjoy the mustard and daffodils!

Laura Tredinnick,

President, Healdsburg AAUW

**From Your Public Policy Committee:
March is an Important Month for Women!**



Are you aware that Women's History Month began in Sonoma County under the leadership of Molly Murphy MacGregor? In 1978, the Education Task Force of the Sonoma County Commission on the Status of Women organized a week-long celebration for women's history. In 1980, MacGregor co-founded the National Women's History Project which is now called the National Women's History Alliance

This year, Equal Pay Day also occurs in March. The date changes every year depending on the data. Equal Pay Day symbolizes how far into the year women work to earn what men earned in the previous year. But even that date is misleading because different groups of women have to work much farther into the year to reach this milestone. We have decided to host a local event which will bring attention to how this disparity has affected women in our local communities.



In the 2022 Update, The Simple Truth About the Gender Pay Gap, our national AAUW writes: "Analyzing the gender pay gap is critical to understanding women's immediate and long-term economic security—or insecurity. More women live in poverty than men, and women are more likely to work in low-paying jobs. Women who are mothers are paid less than men who are fathers. But women are also increasingly the primary breadwinners for their families; their income is critical. Underpaying women and undervaluing their work not only hurts women and their families; it damages the entire U.S. economy."

Join us to learn more about Equal Pay Day, the gender pay gap, and what we can do about it on March 14, 2023 from 6-9 pm at the Studio at Plaza Cinema at 375 Healdsburg Avenue. The 1942 classic film, "Woman of the Year," will be shown and a panel discussion with amazing local women will follow. Come and hear them tell their stories!

We are grateful to Passalacqua Winery and Bannister Wines who have donated wine to our event. There is only room for 50 people so get your tickets soon!

Reproductive Freedom – Where Do We Go from Here?



Come hear Gilda Gonzales, CEO of Planned Parenthood Northern California, talk about the future for reproductive freedom. Learn more about the situation today, what is being done and how to positively affect the future of this critical component of women's health care.

March 8, 3:00 – 4:30 pm
Finley Community Center
2060 West College Avenue, Santa Rosa

Light refreshments will be served. This event is free; however, RSVPs are REQUIRED and were due by February 21. Contact Deanna Beerman, deannabeerman@att.net, to inquire whether space is available.

Presented by Santa Rosa AAUW (American Association of University Women). Questions should be directed to AAUW Public Policy Chair, Ty Worley: doughtysky@comcast.net



LUNAFEST Highlights Women Film-Makers



AAUW Petaluma is excited to be presenting the first LUNAFEST film festival in Petaluma on March 19. LUNAFEST has been elevating the work of women filmmakers for over twenty years with a traveling film festival. The program includes seven new films with a wide variety of techniques and perspectives. A discussion of the films will be included to engage the audience in reflection and connection. Recommended for ages 13+.

- When:** March 19, 3:00– 5:00 pm
Where: Ellis Auditorium, Santa Rosa Junior College Petaluma Campus, 680 Sonoma Mountain Parkway, Petaluma, CA 94954
Tickets: \$18 general admission, \$10 student
Purchase at <https://www.aauwpetaluma.com/>
Guests: Suzy Starke German, LUNAFEST Program Director
Mike Traina, SRJC faculty in Film and Media Studies
Preview: Watch the [2023 Season Trailer](#)

Social Activities

Winter Wine 'N Dine

Our **Healdsburg AAUW Winter Wine 'N Dine Dinner** was held on Saturday, February 4. This was our third Wine 'N Dine event for 2022-2023. Five Healdsburg AAUW members hosted, inviting AAUW guests into their homes. The dinners were coordinated by the hosts for all to enjoy. Our hosts who so generously shared their homes for this event included AAUW members **Jan Stanley, Mary Fitzgerald, Michelle Regan, Diane Burnley, and Cindy Powers.**

Delicious seasonal foods and delectable wines were enjoyed, with a different menu served at each host home. Reports are that those attending really enjoyed not only spending some time getting to know one another but also having interesting and fun conversations. Here are photos from the gatherings.



**Jan & Brent
Stanley's home**



**Michelle & Tim
Regan's home**



**Cindy Power's
home**



**Mary Fitzgerald &
Carl Milfeit's home**



**Diane & David
Burnley's home**



Our next Wine 'N Dine will be on Saturday, April 15, 2023. The event is open to all vaccinated AAUW members and their guests, and we always welcome new hosts! Look for more information to come in an eblast in late March.

Cindy Powers and Diane Burnley, Wine 'N Dine Co-Chairs

Lunch Bunch Save the Date!

For our next Lunch Bunch we'll be chicken out **El Gallo Negro!** We'll be hen-sembling at 11:30 on April 19 at 8465 Old Redwood Highway. The egg-cellent menu will include 2 appetizers fowl-owed by three specialties served family style for \$28.00. (Cheep!)



April 19, 11:30 am
El Gallo Negro
8465 Old Redwood Highway
Family Style for \$28.00
Ole!

Sue Finan, Linda Clark, Maria Lucidi, Lunch Bunch Coordinators



Save the Date! Spring Wine 'N Dine



Saturday, April 15, 2023
Venues to be determined.

Watch for the eblast in late March!

Cindy Powers and Diane Burnley, Healdsburg AAUW Wine 'N Dine Co-Chairs

Cultural Event
February 16, 2023
Walt Disney Family Museum



Twenty-two AAUW members and friends attended the Cultural Event on February 16. We all met at the Museum in the Presidio for our guided tour. This is not a kids' museum with a bunch of animated films. It tells the story of the Disney Family over the last 100 years. Do you know why the museum is in the SF Presidio and not LA? Did you know Walt failed many times before he hit on a success with an animated film? Did you know the Disney Corporation's role in housing soldiers during WWII? Did you know the corporation's struggle with the labor unions? We learned all of this and more while on our tour.

After the Museum tour we walked across the street where several food trucks were parked. We all bought a lunch and then walked across another street to eat in the Tunnel Tops park. The weather was great and the views were fantastic. What a perfect day to enjoy good camaraderie and conversations.

Good time was had by all.

Liz Loebel, Co-Chair, Cultural Committee



Mission Based Programs



School Readiness

Corazon Healdsburg is looking for volunteers to help at the annual preschool fair on March 4, Healdsburg Community Center. They need volunteers at the welcome table, the snack table, story time, and clean up. The ability to speak Spanish is not necessary. If you are interested you can sign up directly with Corazon at: signup.com/client/invitation2/secure/04698556969492076/false#/invitation.



Future Prep

Career Day is planned for March 8, 12:30-2:30 pm in a Biology class at HHS. The focus will be on the medical field. Dena Lash and Caroline Mercer have arranged for six participants to be in the round table discussions. Each session will be 20 minutes for the presenter to talk about his/her career and then answer the students' questions.

Internship Presentation Night

This event is on March 9, 6:00-8:00 pm on the HHS campus. Each classroom will have six students presenting and will have a HHS staff host, mentors, and a handful of community members. A simple evaluation form will be provided to give presentation feedback. Please email David Hubbell, the Work Based Learning Specialist at HHS, at dhubbell@husd.com if you are interested in attending.

Meet Our New Members

Stephanie Bishop



Stephanie Bishop's connection to the North Bay is long and deep. She was born and raised in San Francisco in the childhood home of her father, "summering" at her grandparents' home in Corte Madera and receiving her Bachelor of Science in Nursing degree at San Francisco State. She moved to the South Bay for her career years, first at Stanford in medical surgical nursing, followed by home health nursing, as nurse, supervisor, quality improvement expert and educator.

At retirement the Bishops, both Bay Area natives, decided to live for a finite time in other places. They spent a year each in Massachusetts, London, and San Francisco, yet always planned to move to Sonoma County for their retirement, as their entire family lives in the Bay Area. Healdsburg beckoned and they landed here in 2019.

Friends told Stephanie about AAUW and she felt the pull that led her to her nursing career, "to give back." She is interested in the Reading Rocks program and hopes to find the time to get involved. She is an avid reader, gardener, artist (colored pencils, acrylic, watercolor) and card maker. She looks forward to more hiking and travel after a scheduled knee replacement.

Connie Newhall



Connie's life began at Northwestern University where her parents, Sue and Walter Gray, met. They married and moved to Kenilworth, Illinois and began their careers and family in Chicago. Growing up, Connie developed a deep love of the Chicago area. Her close ties to her family led her to also enter college at Northwestern. She graduated from their Radio, TV and Film School and was also a member of Kappa Alpha Theta. Connie values the opportunity she was given to pursue her education.

After graduation, Connie moved west to San Francisco to pursue her career. During this time she met and married a local SF boy, moved to Sausalito, and ultimately welcomed a new addition to her family with the birth of her son, George.

From Sausalito, Connie moved to Marin for 35 years. During this time, she became the Major Gifts Director for a global Animal Welfare organization, which she still supports and believes in wholeheartedly. Continuing to build her career, Connie joined a local Healdsburg non-profit, Farm to Pantry, as the Executive Director. This led to her move to the Healdsburg community in 2017; she ultimately retired in 2020.

Connie learned of AAUW from her friends and members, Linda Wilkie and Kim Brown and she is looking forward to becoming a very active member of Healdsburg AAUW.

Amberlyn Heskett's Story

2018 recipient of the AAUW Healdsburg Branch High School Scholarship



My name is Amberlyn Heskett, and I received my scholarship in 2018 as I graduated from Windsor High School. After high school I was able to attend Dominican University of California where I received my Bachelor of Science in Nursing and a minor in Psychology. I am a first-generation college student and come from a low-income family; this scholarship gave me the opportunity to go to my dream university and work towards my goal of becoming a Labor and Delivery nurse.

Throughout my childhood I faced multiple challenges including losing my mother to cancer and my childhood home burning in the Tubbs fire. Seeing how the hospice nurses cared for my mother and me during that difficult time inspired me to go into healthcare and help people the same way those nurses helped me. I had to work hard every day both to reach my academic goals while still meeting the challenge of being able to afford college. Your Healdsburg AAUW helped to make this possible as well as to create many more opportunities during and after college. While at Dominican University, I

became a Student Ambassador Captain in the Admissions Department and led a team that promoted college education and to inspire potential students. I was also able to be a part of the Study Abroad program which allowed me to study in Athens, Greece. I took my first international flight and became immersed in photography. This experience taught me how to step out of my comfort zone and be able to experience new cultures as I lived and learned in this vibrant environment.

As a nursing student, I have worked in hospitals all over the Bay Area (Kaiser Santa Rosa, Dignity Health, Zuckerberg San Francisco Memorial) and have gained experience in a variety of departments including hospice, med-surg, pediatrics, and labor and delivery. Now as a recent cum laude graduate, I'm working towards passing my board exams that will qualify me for my dream job as a Labor and Delivery Nurse. Thank you, Healdsburg AAUW, for providing me with the ability to reach these goals that as a teen I could only hope to achieve.



As a new AAUW member and my first issue as your Grapevine Publisher, I wanted to personally reach out and say “hello!” After moving to Healdsburg in 2013 with my husband and sons, I have had the honor to work with three outstanding non-profit organizations and now have added AAUW to the list. Through the years I have heard about AAUW from friends and the outstanding work the organization is playing in the community. When asked if I would step into the Grapevine role, I thought what better way than to learn about each facet of the organization and to get to know you all! Stepping into the big shoes Donna Riley has played these last three years is inspiring – thank you Donna and wish you well into your new role as DEI Specialist. And I’m looking forward to working with Judy Edmonds and Ronie Reiley and welcome Dyan Urban to the team with the April issue. The entire Grapevine team looks forward to sharing all the wonderful work you all are accomplishing with AAUW....Kim Brown



Tech Tip!

Be on the lookout for some changes to the layout of our home page. We will be moving some of the items in the right column to better reflect our priorities.

If you are aware of any member who is ill, has had an operation or an accident, has passed away or had a close family member pass away, please notify Holly Schatz so that a card can be sent from Healdsburg AAUW. Email: hollypschatz@gmail.com. Phone: 415-305-4559

Published monthly, except in July and August. Please submit articles and announcements in WORD or PAGES, Calibri 12 pt font justified, and images in .jpeg by the 15th of the month prior to the issue in which you want them included. The Grapevine is available to the general public, therefore please be cautious about including personal information. Send articles to Kim Brown: krb.jlb@gmail.com.

