

# The Grapevine

October 2022

Volume 38, Number 2



**BUILDING KNOWLEDGE  
& ENRICHING THOUGHT**  
Fall 2022 Courses – Registration begins September 1

**Don't forget to sign up for our two exciting courses this fall:**



Alex Saragoza  
**Cities of Empire:**

**Latin America's Great Urban Centers**

Tuesdays 10-11:45 AM, Oct. 11 to Nov. 15



Terry Ebinger

**Hollywood Comedies of Remarriage:  
Golden Era Beloved Films**

Thursdays 10-11:45 AM, Oct. 13 to Nov. 17

We are looking forward to seeing your smiling faces back at the Raven Performing Arts Center this fall! In addition to presenting our classes at the Raven, we will simultaneously live stream the classes on Zoom for those who can't attend in person. Recordings of the classes will be available on-line after each class for later viewing through November 30th.

The Raven requires all attendees to be vaccinated; masks are recommended but no longer required. Please bring ID and proof of vaccination to the first class you attend in person. For added protection, the Raven has installed MERV-13 filters in the HVAC system as well as Corsi-Rosenthal Boxes in the lobby and backstage.

For those attending Terry Ebinger's class, we recommend watching the complete versions of the films she will be discussing before each class. Once you register we will send you information to help you find these films on-line. You can REGISTER and/or see a complete description of the courses on our AAUW web page: <https://healdsburg-ca.aauw.net>. All the net proceeds from these courses go to support our local educational programs and scholarships for women and girls. Please tell your friends!

**-Celeste Plaister, Forum Chair**

## President's Message



*Free Yourself for a Moment:* On our recent trip down the Colorado River, I experienced being completely disconnected from my internet devices for a full 11 days (see lovely photo above). I recommend it for everyone; it's freeing! I have become more conscious of the time I spend connected and try to carve out a few hours each day when I don't check my phone, tablet, or computer. Try it and see if your day seems less hectic and if you feel calmer.

*Goals:* The board met for a one-day retreat September 1, where we set the following goals for the coming year:

- Develop a long-term fundraising plan
- Strengthen the new member Buddy Program with a chair and committee
- Create a data/records management system
- Create an Outreach Chair board position and an Outreach committee
- Ditch the Paper and Plastic and Create Your Own Picnic Kit: I have asked the Social Committee to work towards supporting our environment by discontinuing the use of paper and plastic at our social events. This means each of us will have to do our part by bringing a reusable plate, glass, utensils, and napkins to our events. It's easy to put a picnic kit together. Just designate one of the millions of cloth shopping bags hanging around your house and stock it with what you will need for a picnic on a moment's notice. In addition to the basics, I also add a bag to put my dirty plate in afterwards. Of course we will have a few emergency kits available, but let's make this happen and cut down on waste!

*Statewide:* I attended a Town Hall Meeting put on by the energetic AAUW California State Board. Their priorities for 2022-2024 are intended to support branches and members. For more information, read the California Connection delivered to your email each month.

- Build Membership - Use a laser focus to develop resources to help branches build membership.
- Branch Sustainability - Assist branches struggling with leadership needs.
- Strengthen Connections - Strengthen connections among the state, the branches and national AAUW.
- Launch a New State Project - Involve membership with an exciting new opportunity to engage.

*Social Media Success:* Our branch's Facebook post regarding our eight Tech Trek attendees caught the attention of the State Communications Team who then reposted it to their Facebook page. Congratulations to our new member, Jessica Cress, who has taken over Social Media.

Laura Tredinnick

### Tech Tip——>>

Want to know who is responsible for a particular area of branch activities?  
The current year's leadership team is available on the website. It's updated periodically to reflect team changes. Find it at **About > Leadership > Leadership Team.**

## Public Policy

### Candidates' Forum



The Healdsburg Chapter of the American Association of University Women is co-hosting a Candidate Forum/Town Hall with The Raven Theater on October 6, starting at 6:30 pm. Seven candidates running for Healdsburg City Council will be there to answer your questions. The Raven still checks that attendees have been vaccinated. Masks are optional.

AAUW has hosted these events in past elections especially when the League of Women Voters did not. We have been notified that the League will not be hosting a forum in Healdsburg and feel that this is an important opportunity to assist the voters in getting to know the candidates. Timing the event was tricky, as the candidates' campaign managers asked that it be held the week that mail-in ballots go out and this was the date that the Raven had available that week. We do not endorse candidates and are committed to impartiality.

We will be using Corazon Healdsburg's Spanish translation headsets and provide real-time translation to anyone who attends and needs this assistance.

#### Get Out the Vote

On October 12, the Public Policy Committee will meet at **Rebecca LaLonde's** home between 4:30 and 6:30 for a letter-writing event to Get Out the Vote. If you're interested in helping, please let **Ty Benoit** know.

**AAUW HEALDSBURG CITY COUNCIL  
CANDIDATE FORUM & TOWN HALL**

**VOTE**

**OCTOBER 6  
6:30 PM**

**RAVEN THEATER  
115 NORTH STREET**

DOORS OPEN AT 5:30.  
NO TICKET REQUIRED.

Meet the candidates:  
Linda Cade  
Ron Edwards  
Susan Graf  
Chris Herrod  
Matias Lopez  
Brigette Mansell  
Evelyn Mitchell

## Title IX: Still More to Do



I benefited tremendously from Title IX but didn't realize this at the time. I graduated high school in 1973, having rowed crew at the national level. I chose to attend UC Berkeley in part because I had learned that they had an emerging women's Rowing program. By 1974-75 all women's sports at CAL seemed to have all kinds of new resources thrown at them; our weight room moved from a dark, cramped storage space in the gym basement to a large, bright room with high ceilings on the main floor; our few machines that had been discarded by the men's team had been traded in for all kinds of fancy new equipment. Instead of one part-time coach we had two coaches who were dedicated to women's crew. Also, our travel schedule expanded to include East Coast travel, as well as even international regattas. No one explained to us why these changes were going on. Naively, we thought that out of the goodness of their hearts, the university had realized that women's sports deserved the same resources as men's. Even at that age we understood the realities that something like men's football generates revenue in a way that no women's sport does. But at the same time, Men's crew is very much like Women's crew, in that neither generates any revenue, so it only seemed fair to us that our program was looking much more like that of the men. A few years later when I was at graduate school at Harvard and had access to their Women's Boathouse, I was equally impressed with the transformation that was going on there. The full impact of this hit me when our oldest daughter was on the Women's Freshman Rowing team at Harvard and I saw what parity had been created between Men and Women's sports programs. Other people have written better than I can about the benefits to women of having participated in organized sports, but just being able to understand all the sports analogies that go on in business meetings was a big plus for me. So yes, even though I didn't credit it at the time, I certainly realize now the tremendous positive impact of Title IX.

-Dyan Urban

## Mission Based Programs

### Reading Rocks

**Diane Burnley** has been working to get the Reading Rocks program started up again at Healdsburg Elementary School. She has volunteers ready to get started reading with kids in TK, 1st, and 2<sup>nd</sup> grades. More volunteers are always welcome. Please contact Diane Burnley if you are interested. Members new to Reading Rocks need to be fingerprinted at the District Office and show proof of vaccination and boosters.

**Pat Bertapelle** is working on getting Reading Rocks going at West Side Elementary in October. She is waiting to hear when the school is doing volunteer training which all must attend. If interested in volunteering at Westside, please contact Pat Bertapelle.

-Cathy Mock and Beth Wolk  
Mission Based Programs Directors



## Social Programs

### IMPORTANT READ: DATE OF AAUW HAPPY HOUR CHANGED TO 10/13/22 Thursday, **October 13th** - 5:00pm - 7:00pm

The good news is that there's so much happening on October 6<sup>th</sup>. The bad news is that we're going to **move our 10/6 Happy Hour to October 13**. We decided to change the date so that our members are able to also attend the Healdsburg City Council Candidates' Forum on October 6. It turns out that The Raven is only available 10/6 for the Candidates' Forum, and the candidates are anxious to present to their constituents the week that ballots are mailed out, giving them an opportunity for early voters to benefit from this timely event. While AAUW Healdsburg does not endorse candidates, our membership is proud to sponsor events to inform the public of information and perspectives.

And so we hope you can all join us on October 13<sup>th</sup>. So here's more important information:

- **If you already RSVP'd only respond if you can't attend.**
- **If you haven't RSVP'd, now's the time – why wait?**

Sorry for the inconvenience. Hoping to see you all at Mill Creek Winery on **10/13!**

### AAUW FALL HAPPY HOUR

**October 13, 5 - 7 pm**

Mill Creek Winery and Vineyards  
1401 Westside Road

Bring appetizer to share, \$ for wine  
Spouses/Partners welcome

RSVP: [neitacomings@hotmail.com](mailto:neitacomings@hotmail.com) or  
[carolhazlett@me.com](mailto:carolhazlett@me.com)



## Healdsburg AAUW Annual Kickoff Party

~~Sunday, September 18, 2022~~

~~5:30-7:30 pm~~

**Tuesday, October 11, 2022**

**4:00-6:00pm**

**Marian Van Alyea's Home  
3955 Lambert Bridge Road  
Healdsburg**

Well, who would have thought such glorious rain would mess up our party on September 18th??? RESCHEDULED!!! PLEASE COME TO THE PARTY!! Yes, it's past time to kick-off our 2022-2023 AAUW year. You'll want to hear about the exciting plans for the coming year, visit with our board members, and socialize with old friends, as well as meet new ones. **Please remember to wear your name tags.**

If your last name begins with **A through L**, please bring a finger food appetizer to share

If your last name begins with **M through Z**, please bring a bottle of wine

It's suggested to carpool, when possible. Please note that we will be outside, so be sure to dress accordingly.

Please re-RSVP by October 1 to: [juliehanamura@yahoo.com](mailto:juliehanamura@yahoo.com)

We look forward to seeing you there!

**Kerry Weiner Elkind, Chair**



## AAUW LUNCH BUNCH IS BACK: Did You Miss Us?



We're back and we are very excited! After a few months without the Lunch Bunch, as restaurants worked through staffing issues, the **monthly events begin October 19** at the new Fogbelt Station beer garden (<https://www.fogbeltbrewing.com>) at 410 Hudson Street, Healdsburg. Festivities start at 12:30.

We think that this venue is especially appropriate for AAUW's first Lunch Bunch of the 2022-2023 season. We're welcoming Fogbelt Station to Healdsburg and we're welcoming back our Lunch Bunch program. What a terrific

celebration this will be!

And there's more to celebrate. We are hoping to offer Lunch Bunch **the 3<sup>rd</sup> Wednesday every month**, except December, at 12:30pm.

Watch for an eblast 2 weeks before the luncheon for details. Due to COVID, there will be limited slots, so RSVP quickly so you can get one!

Hope to see you on October 19<sup>th</sup>.

-Linda Clark and Sue Finan, co-chairs

### AAUW Monday Hikes for October

Contact the hike leaders for complete information.

October 3 Ritchey Canyon, Bothe-Napa Valley State Park  
Leader: Yvonne Schell

October 10 Kortum Trail, coast  
Leader: Dena Lash

October 17 South Lake Trail, Lake Sonoma  
Leader: Nancy Casey

October 24 Fitzpatrick Lane, Occidental  
Leader: Judith Olney

October 31 Healdsburg Ridge  
Leader: Karla Rosen



## Wine N Dine



Our 2022 *Harvest Wine N Dine* will be a dinner held on Saturday, **October 15**. We are looking forward to having you join us.

*Wine N Dine* get-togethers are a wonderful opportunity for our members (and spouses or partners) to share a meal, renew friendships, and make new ones. You will get to socialize and reconnect with other **AAUW** members in an intimate setting of 6-12 people. We encourage **AAUW** members – old and new, singles as well as couples – to join us. Or bring a friend who might enjoy becoming a new member!

For our *Harvest Wine N Dine*, each member/couple will be asked by their host to provide both a dish to share and a beverage of choice.

If you would like to participate in our *Harvest Wine N Dine Dinner*, contact **Diane Burnley: (925) 286-1590 (text), or [dburnley@aol.com](mailto:dburnley@aol.com)**. Space is limited, so please respond by **Friday, October 1**, with the name of each guest in your party. Those of you who respond earlier will be given priority.

During the week of October 12th, you will receive an email indicating which host you have been matched with. Shortly thereafter you will be contacted by your host who will communicate further details about the *Harvest Wine N Dine* she is planning.

**-Diane Burnley and Cindy Powers**  
Co-chairs of the Wine N Dine committee





## Membership

### A reminder that it's not all about fires

The following is largely borrowed from a post sent out by the Mill Creek COPE group.

The September 13, 6:39pm jolt centered just north of Santa Rosa along the Rodgers Fault (which runs through Healdsburg) is a good reminder for us all that we need to be prepared for a big earthquake. We got the automatic WEA-type (LOUD!) alert thanks to having the [MyShake](#) app on our phones. If you don't have that app, you might have found yourself looking at whoever was under the table with you, saying: Wasn't that an earthquake?

There is a ~95% chance of "*The Big One*" (6.7 or higher) hitting Northern California in our lifetimes, so it makes sense to prepare for the possibility.

There are some major differences to be aware of as to how wildfires and earthquakes might impact our rural community:

- **During a wildfire evacuation order**, Sheriff's Department personnel will try to visit each home to ensure all are notified and evacuated.
- **In the aftermath of a major earthquake**, however, there will not be any advance warning, and first responders could likely be overwhelmed responding to emergencies over a very wide area. It is possible that outlying areas like Fitch Mountain may not see any first responders for first-aid or fire-fighting for some time, possibly days, due to the widespread damage to roads, bridges, buildings, gas lines, water lines, power lines and communications in the more heavily populated urban areas. It is therefore more important than ever for rural residents to prepare for an earthquake now. And check in on your neighbors after a quake (if it's safe to do so) to ensure that no one is trapped, hurt or trying to deal with ruptured gas lines or fires, or lacking access to water for drinking or firefighting.

For information on earthquake preparedness and what to do both during and after a quake, consult the following sites:

[https://www.earthquakeauthority.com/Blog/2019/What-to-do-in-an-Earthquake?fbclid=IwAR29\\_UWVQ3rrtQbxGEgcGNt9jE9zz\\_qdEuUshkb0vKVE37e9mAuK9W7-sys](https://www.earthquakeauthority.com/Blog/2019/What-to-do-in-an-Earthquake?fbclid=IwAR29_UWVQ3rrtQbxGEgcGNt9jE9zz_qdEuUshkb0vKVE37e9mAuK9W7-sys)

[https://socoemergency.org/emergency/earthquake/?fbclid=IwAR1tiX7NrzmFg1DfmlZa8KJnZ4ZhwHDgqPhTt1j8\\_YC1hrBNrzqH4PxDos](https://socoemergency.org/emergency/earthquake/?fbclid=IwAR1tiX7NrzmFg1DfmlZa8KJnZ4ZhwHDgqPhTt1j8_YC1hrBNrzqH4PxDos)

<https://earthquake.usgs.gov/earthquakes/eventpage/nc73781306/executive?fbclid=IwAR1-VUFsmmzmXA7KkqS6BuGKMxhgC7Ocj4Ylr3jdGStRZHOD1hkWtaiDSk>

<https://www.californiarresidentialmitigationprogram.com/Resources/Blog/California-Earthquake-Probabilities>

<https://copenorthernsonomacounty.org/links-documents/>

-Donna Riley, Grapevine Publisher and COPE Neighborhood Leader



## New Members

### Judy Biondolillo



Born and raised in Oakland, Judy found her way to Silicon Valley in 1976 and became a buyer for many different fabrication projects at a variety of tech startups, with her last five years at Apple.

After 25 years working in the tech business, when her daughter left for college, Judy decided to fulfill a lifelong dream of having a flat in the city. Green Street, with a small view of the bay, fulfilled her expectations!

She met her husband, Roger Peters, years later after some great travel adventures. They were married under the dome at city hall on a Valentine's Day.

Judy and Roger moved to Healdsburg in 2003 for warmer climate and a small town experience. They worked the farmers' market roasting peppers and volunteered at The Raven Theater.

Judy continues to take classes and loves to read. Her pride and joy are her two granddaughters, Mirabella at U of Arts, Chicago and Simonne, in high school, an incredible dancer.

To Judy, kindness and compassion are most important to a happy life.

**-Hillary Kambour**

**WELCOME**

# Scholarship

## Scholarship Success Stories

### AAUW Al Garren Renewal Scholarship Awards

Five Sonoma County women, planning to graduate this academic year with degrees in English, Education, Finance, Criminology, and Business Administration, are the recipients of our 2022 Al Garren Renewal Scholarships in the amount of \$4,000 each. The awardees are **Barbara Beatie**, **Lisa Bordessa**, **Bethany Flint**, **Allie Marriott**, and **Ivonne Moreno**.

Our Al Garren Renewal Scholarships are intended to help previous recipients of our Santa Rosa Junior College (SRJC) Re-entry awards complete their degrees. They were made possible by the 2018 receipt of a \$250,000 donor-directed grant from the San Francisco Foundation's Al Garren Fund. The late Alper A. Garren was a brilliant, compassionate and widely-loved Northern California particle physicist who gave generously of his time and resources to provide educational opportunities to promising students. With this year's five new grants, we will have helped twenty local women attain their educational goals!

Our recipients have overcome many challenges, often being the first in their families to attend college. Their studies and lives continued to be greatly affected by the pandemic. Many classes were on-line and some students struggled with feelings of isolation and felt they had missed out on the social aspects of university life. Our recipients had to learn how to balance the demands of school and work, and some also have young children at home needing care.

Even with all the obstacles presented by the pandemic and the demands of being full-time students, our awardees are leaders in their communities, always willing to help others. **Barbara Beatie**, whose goal is to be a community college instructor, was selected as a writing and math tutor at Sonoma State and will also be a first-year composition instructor this academic year. **Lisa Bordessa**, who plans on becoming a teacher and school counselor, was chosen as one of 27 students in Sonoma State's McNairs Scholar program which helps undergraduates publish their own research projects. **Bethany Flint** has already begun to apply her finance major to real world business scenarios, and participated in Sonoma State's student managed investment fund. **Allie Marriott** is majoring in criminology with a minor in counseling, and plans on a career as a juvenile probation officer. **Ivonne Moreno** wants to get her degree in business administration and help the immigrant community.

Speaking on behalf of our committee, one of the bright spots of this year was to be able to award scholarships to such deserving women. Supporting women like these women who seek to improve their lives and careers through education is what we stand for as AAUW members. We are sure our awardees will enrich the lives of all they encounter as they move forward in their careers.

Our Scholarship Committee includes **Cathy Chiminello**, **Sue Finan**, **Charlene Luks**, **Phil Wright** and myself. I thank them for their good service to our organization and to the women whose lives and futures we seek to improve.

-**Kay Kohler**, Chair  
Al Garren Scholarship Committee



## Scholarship Success Stories

### Lori-Louise Hubbard's Story

#### 2010 recipient of the AAUW Healdsburg Branch SRJC Scholarship

##### What Happened Next!

Quite some years back, you wonderful women of the AAUW gave me a scholarship while I was at SRJC. This is to let you know how things have been since you helped kickstart me into this life I love.

I'm Lori-Louise (was Lawrence, now Hubbard), and I was a re-entry student at SRJC at the age of 49, studying science in order to transfer into the Occupational Therapy (OT) program at Dominican University of California in San Rafael. I still remember standing in my kitchen reading your award letter and starting to weep because I was so moved by your belief in me. I thank you again, after all these years, for your generosity and kindness.

I spent five semesters doing math and science at SRJC. Entry to the OT program requires biology, anatomy, physiology, chemistry, and physics, so my brain was full! I transferred as a junior to Dominican and completed their combined Bachelors/Masters program to get a B.S in Health Sciences and an M.S. in Occupational Therapy. I'm proud that both of my degrees are science degrees, because after all my years as a "word" person, I'm thrilled to learn that I'm also good at the hard sciences!

My plan was to go into pediatric OT, specifically to work with children with autism. That is a fascinating specialty, but as a result, there's not much job turnover in that field, so I went into Adult Rehab "in the meantime," and promptly fell in love with it. I have LOVED being an occupational therapist, and also became a rehab director in skilled nursing in a small enough facility that being the director was not only meetings and administration, but also included a great deal of direct patient care. During that time, I also accepted many pre-OT, OT, and OT assistant students, so I was able to pass on the things I'd learned in a real-life setting.

Six years ago, I moved up to the northwest corner of Washington, right on the coast about 20 minutes from the Canadian border, and immediately applied for a Washington State OT license. Up here has been a wonderful place to practice OT, and I stayed in the skilled nursing environment. About six months before covid hit, I stopped being an occupational therapist and transferred those skills into doing home care, specializing in end-of-life care. Since many of my clients have some degree of cognitive decline, it's easier to remember things that relate to childhood, so my business name is right out of a nursery rhyme: Old Mother Hubbard In-Home Care.

I've taken the gift you gave me and gone out into the world, helping heal the world one life at a time. Thank you for your early support and encouragement. I appreciate you so much.

-Lori-Louise Hubbard, in her own words





If you are aware of any member who is ill, has had an operation or an accident, has passed away or had a close family member pass away, please notify Holly Schatz so that a card can be sent to the person or family from Healdsburg AAUW. Email - [hollypschatz@gmail.com](mailto:hollypschatz@gmail.com). Phone - 415-305-4559.

The Grapevine is published online each month, except in July and August. Please submit articles and announcements in WORD or PAGES in Calibri font 12 pt, justified, and photographs in Jpeg by the 15th of the month prior to the issue in which you want them included. Remember that the Grapevine is available to the general public, so be cautious about including your personal information. Send to Donna Riley at [dirdlh@gmail.com](mailto:dirdlh@gmail.com).