

The Grapevine

January 2019

Volume 34, Number 5



**BUILDING KNOWLEDGE
& ENRICHING THOUGHT**
Winter 2019 Courses – Registration begins November 26



Winter 2019 Season
Registration Opens November 26, 2018
Classes Start January 8 & 12
Each session is 6 weeks
10-11:45am



Tuesday classes - Our Worst Presidents-An Anatomy of Failure – Chris O'Sullivan
Thursday classes – American Politics in the Movies – Larry Eilenberg

Get ready for two more stimulating and fun Forum courses, beginning the week of January 8th at the Raven Performing Arts Theater. Our recurring favorite, Chris O'Sullivan, will be back with "Our Worst Presidents: An Anatomy of Failure," his review of past U.S. Presidents with a less-than-stellar reputation—a subject that hopefully will make us laugh out loud at the same time we shake our heads. A new addition to our stable of speakers is Larry Eilenberg, and we decided to use this issue of the Grapevine to introduce him to our Forum audience.

Larry Eilenberg (PhD Theater Arts, Yale University) will guide us through many of the all-time favorite classic movies with the theme of American politics. As soon as Hollywood figured out how to make talkies, the talk was about politics. You are bound to remember many of the films covered in this six week series: *All the President's Men*, *Nixon*, *Milk*, *Bulworth*, *Dave*, *Advise and Consent*, and, of course, *Mr. Smith Goes to Washington*, to name just a few.

Professor Eilenberg is well qualified to draw the analogies between real life and the cinema. He has had a distinguished career in the American theatre as an artistic director and educational leader. He has consulted with authors and acted as a literary advisor. Larry earned his BA at Cornell and his PhD at Yale, and is currently Professor of Theatre at SF State, where he's been teaching for over 30 years.

Along the way, Larry has rubbed elbows with many familiar names while producing and consulting on a wide variety of stage and screen projects: Peter Sellers, Shirley MacLaine, Sam Shepard, Sean Penn, Nick Nolte, Woody Harrelson, and Cheech Marin. While serving as Artistic Director of the Magic Theatre in SF, a major highlight for Larry was producing the world premiere of Sam Shepard's "The Late Henry Moss," directed by Shepard himself. Go to www.healdsburg-ca.aauw.net to register for these classes

—Sharyn Sarquist



President's Message

As we move into the new year, our Branch calendar remains full of educational and social activities, plus Mission-Based and Public Policy programs. And, let's not forget our fundraisers that send girls to Tech Trek and provide thousands of dollars in scholarships. We are definitely an active branch, with many of us eager to be involved in championing our mission. So it's not a big surprise to learn that, according to AAUW research, happy, engaged members are active in branches that use the AAUW mission to plan their programs. Other research shows that being active and involved in giving back to others and the community leads to happier, longer lives. How can you get or stay engaged with what's happening in the Branch? Stay in touch by checking the website calendar frequently and reading those e-blasts.

Santa Rosa Branch fundraiser: In this Grapevine you will find the flyer announcing the biennial Author's Luncheon hosted by the Santa Rosa Branch and to be held on Saturday, February 9th. This event featuring women and mostly local authors is informative and fun. I've attended a number of these events and am always impressed at the talent we have in our area. It is a fun way to support our sister branch. Hope to see you there.

State AAUW News:

The Paradise AAUW Branch was hit hard by the recent fires. Forty-two of the forty-five members lost their homes. While Branch or State money cannot be used to help, should you choose there are three ways for individual members to help out.

1. Members can donate gift cards to stores such as Target, Penny's, Macy's, K Mart, CVS, Rite Aid, Safeway, Walmart, Raley's etc. Send any gift cards to our state office, which will then send them to a contact in the Paradise branch for distribution: AAUW of California, 1331 Garden Highway, Suite 100, Sacramento, CA 95833

2. Paradise members are in need of housing in Northern California. If you have any information about rentals please contact Carol Holzgrafe at 530-774-4009 or email her at carol@holzgrafe.com.

3. Donate through recognized 501(c)(3) organizations:

The North Valley Community Foundation (nvcf.org)

The North Valley Animal Disaster Group (nvadg.org) They rescued and are caring for a couple of thousand dog and cats plus horses, donkeys, pigs, llamas, rabbits, birds, tortoises, pet snakes and more.

—Nancy Haiston



Santa Rosa AAUW Authors' Luncheon

Saturday February 9 11:30-3:00

Legends Restaurant

3328 Yulupa

Featuring authors:

Sue Finan
Rebecca Rosenberg
Cara Black

\$50 Per Person

Luncheon by reservation and pre-payment only!

Full sit-down luncheon

Book Sales and auction cash or check only

Friends & Family Welcome

For questions please contact Kate Olivier at kateolivier5@gmail.com

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Reservations for Santa Rosa AAUW Authors' Luncheon

Saturday, February 9, 11:30-3:00

Names of Attendees: _____

Phone: _____ Email: _____

Please make note of person/persons you would like to sit with:

Meal choice: Chicken ☐

Fish ☐

Polenta ☐

Amount enclosed @ \$50 per person. x number _____ attending = \$ _____

Please make your check out to AAUW Santa Rosa Branch with "Authors' Luncheon" on the memo line. **Mail to: Kate Olivier 3921 Pressley Rd, Santa Rosa 95404 by January 30**

Public Policy Activities

Women's Reproductive Health - 2018 Update

Self-determination in reproductive health decisions is a high public policy priority for AAUW. A number of developments during the last year threaten to undermine those rights. A major obstacle to women's reproductive health decision making arose when a second conservative Supreme Court justice was confirmed in October. The election provided further hindrances: Alabama enacted a version of the "personhood clause" to its constitution. West Virginia dropped Medicaid funding to clinics that terminate pregnancies and assigned 3-10 years of jail for performing or receiving abortion services. However, the criminalization of reproductive health services can only happen if *Roe vs. Wade* is overturned.

On November 7th, the Trump administration attacked Affordable Care Act insurers, citing that procedures already implemented by ACA are not adequately enforced. The procedures specify that any reproductive services must be displayed on records separate from other services subsidized by taxpayer dollars. In addition, the administration proposed to let some employers deny contraceptive coverage in their employee plans.

In July 2018, SCOTUS decided against California's FACT Act and for the National Institute of Family and Life Advocates (NIFLA), saying the CA law targeted the speaker rather than free speech. Prior to that decision medical clinics had signs saying other options are available and where to find them. Unlicensed facilities had to have literature telling how to find licensed medical reproductive services. In June 2018, Iowa's governor signed off on a measure that prohibits termination of a pregnancy when the heartbeat of the fetus is detected. The law is now in the courts.

On the positive side, a March 2018 study determined that, although 34 states allow only a physician to perform pregnancy termination, clinicians like mid-wives, nurse practitioners, and physician's assistants can perform the services just as well. Even more importantly, polls have indicated that 70% of November voters don't want to overturn *Roe vs. Wade*; control of the House of Representatives has flipped to the Democrats; and incoming members, including more than 100 women, are mostly liberal or progressive on women's health issues, as well as supporting the Affordable Care Act (ACA).

—Sue Campbell and Claire Noonan, Los Altos-Mountain View AAUW

MISSION-BASED PROGRAMS

GEMS

Two new GEMS programs are scheduled for the 2018/2019 school year. On Friday, January 18, we will be visiting Canine Companions for Independence (CCI) in Santa Rosa where students will have the opportunity to learn about veterinary medicine, genetics, neuroscience, breeding programs, ongoing clinical research trials, etc. Founded in 1975, CCI is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

Wednesday April 3 we will be touring Healdsburg District Hospital (HDH). HDH is a certified primary stroke center and has been rated as one of the top facilities in both Sonoma and Napa counties for joint replacement. The students will have the opportunity to interface with a variety of medical specialists, including nursing, occupational therapy, physical therapy, and radiology.

Future Prep

The next Future Prep event will take place at Healdsburg High School on February 28th. The theme for this one is Careers in Engineering and Architecture. Students will have the opportunity to meet with local engineers and architects, listen and ask questions about the careers in those fields. If you or someone you know would be willing to participate in this valuable event, please contact **Kim Jensen**.

Reading Rocks

On December 19th, every first grade student who attends Healdsburg Elementary or West Side School received a brand new book from AAUW. What a wonderful gift for those children. For some it was the first new book that they have ever owned. Thank you to the Reading Rocks volunteers, **Pat Bertapelle** and **Shally Schultz** for making this happen.

—Beth Wolk



AAUW Responds to Need for School Supplies

Many thanks to the generous members in our chapter for shopping and donating a splendid assortment of supplies for our local elementary schools. We collected, sorted, and delivered many pounds of pencils, markers, glue, construction paper, post-it notes, freezer bags, and craft supplies. The teachers' wish lists have been filled to the max.

A special “thank you” to **Cathy Mock, Diane Bartleson, Linda Clark, Pat Bertapelle, Rita Minkin, and Theresa Cabral**—AAUW members who helped collect, sort, and deliver the supplies.

The principals at West Side School (Kris Menlove), Fitch Mountain Elementary (Erika McGuire), and Healdsburg Elementary (Stephanie Feith) and their teachers were extremely excited and appreciative to see what you have done for them. Our support of education continues in many productive ways.

—Barbara Epstein



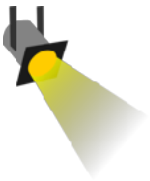
Healdsburg Elementary



West Side School



Fitch Mountain Elementary



AAUW MEMBER SPOTLIGHT

Shally Schultz

Shally Schultz is the coordinator extraordinaire of a very special AAUW program, Reading Rocks, at Healdsburg Elementary School. She coordinates with the school staff to place AAUW volunteers in first grade classrooms where they work one-on-one with students on their reading skills. Having the extra help has been proven to increase students' reading ability and comprehension and to foster a lovely relationship between volunteers and students.



Several years ago, **Shally** had the innovative idea of rewarding each first-grade child in the school with a book of their own. The books are given out during the holiday season and students are thrilled when they receive the gift. There are so many students in Healdsburg whose families cannot afford to buy books, and often this gift is the first one some children have ever owned. It is heartwarming to see the look on their faces when they receive the gifts, and it is because of the idea of our very own member, **Shally Schultz**. As a former principal in the Healdsburg district, I know first-hand the difference Reading Rocks makes and how much the teachers and students appreciate the program and the books they receive. Thank you, **Shally Schultz**, for creating the Holiday Books event, and making this happen year after year.

—Beth Wolk

SOCIAL ACTIVITIES AND INTEREST GROUPS

LUNCH BUNCH

Twenty two women attended the Lunch Bunch at Guiso restaurant on December 5th. It was a full house with lots of visiting and laughing. Our meal was a Caribbean take on a fish taco, a vegetable taco, and a Cuban pork slider, along with a delicious Latin fusion salad. Our luncheon themes this year are International cuisines. The next luncheon is on January 30th at a great Italian restaurant, Diavola, in Geyserville. Watch for an e-blast with more details coming soon!

—Janet Donaldson

HOLIDAY PARTY

A snowy Alpine wintry evening was the theme of our annual holiday party held on December 9th at the Good Shepherd Lutheran Church. The candles flickered and the fire crackled while 135 members indulged in chili sauced meatballs, ham sandwiches with persimmon chutney, fresh local crudités and assorted North Coast cheeses and nuts. Windsor High School Culinary students passed grilled bacon wrapped dates, endive spears with smoked salmon cream cheese spread and crostini with olive tapenade and roast beef and basil pesto. For those who chose to indulge in dessert, offerings included brownies and raspberry bars.

Thanks to those volunteers who participated in planning the event, helped with set-up and tear-down, as well as check-in and bartending. And thanks to all the members and their guests who turned out—many in holiday attire—to make this a successful party! We hope to see each and every one of you again next year, as well as those who were unable to attend this year.

—Violet Nelson



Valentine's Day Happy Hour - Tuesday, February 12

Please join us in celebrating Valentine's Day at our first Happy Hour of the year at Longboard Vineyards. Located on Fitch Street, two blocks east of the plaza, we will enjoy our own appetizers and purchase wonderful wines by the glass. Oded Shakked, a passionate surfer and wine maker, has been making wine in Sonoma County for years and we feel certain you will enjoy sipping in the lovely tasting room.

Date: Tuesday, February 12
Time: 5-7
Bring: Appetizer, Cash for Wine
Location: 428 Hudson Street (East end of Fitch)

Please look for an RSVP request e-blast a few weeks prior to the event.
We look forward to what we hope will be an enthusiastic turnout on a cold winter day!

—Carol Hazlett (707.799.1362) and Neita Comings (602.670.4320)

A thank you to all Social Committee members for creating and carrying out so many wonderful events in 2018 including Happy Hour, Wine and Dine, Lunch Bunch, Cultural Event and winding it all up with the Annual Holiday Party. All of us look forward to the events in 2019, and we hope to see all of you there.

—Kathryn Henderson, Social Committee Chair



**Here is a new way to follow our
members and activities!**



- 1) Join Instagram
(Download app to your phone and set up
your Instagram account)
- 2) Search for `aauw_healdsburg_ca`
- 3) Click "follow" to see photos of our feed
featuring our members engaged in branch
activities.
- 4) Need extra help? [Help.instagram.com](https://help.instagram.com)

MEMBERSHIP

WELCOME TO OUR NEW MEMBERS! 9

Theresa Cabral

Theresa told herself when she retired that she would 1) sing in a chorus and 2) work with injured birds. Although she moved to Healdsburg only last year, she has checked off both goals. **Theresa** is singing with the Healdsburg Chorus and has been volunteering with Native Songbird Care and Conservation in Sebastopol and the Bird Rescue Center in Santa Rosa where she hopes to bring raptors to school classrooms. The only thing left was to meet new female friends and that is now fulfilled with her membership in AAUW.



A graduate of USF law school, **Theresa** began her career working at PacBell in 1985 right after the breakup of AT&T. She was on the cutting edge of creating interconnection agreements between newly separate telecommunications companies. **Theresa** moved from PacBell to Media One and then eventually to Cox Communications where she continued to provide in-house counsel. In the meantime, Theresa raised two children: a daughter, now working as a lawyer and a son who is a product manager for a web-based company.

Theresa and her husband Doug began looking for their retirement home in Sebastopol, but couldn't stay away from Healdsburg. They saw their home in Parkland Farms on the Sunday before Thanksgiving and had a contract to buy it the following morning. It turned out to be the exact right decision; as **Theresa** said, "the longer we've been here, the more we love it."

Susan Lentz

Susan Lentz moved to Dry Creek Valley from the Midwest almost 20 years ago. In her earlier career, she was a lawyer, practicing civil litigation with some specialization in health, mental health and housing. She worked in the Civil Rights Division of the Justice Department and in private practice as well as Legal Services in her long career. But when retirement loomed, **Susan** and her husband looked to California, where her husband was born.



Although the couple had little or no experience growing grapes, one look at the Dry Creek Valley convinced them to become grape farmers. In 1989, the two bought a parcel on the valley floor that was among the last prune-growing acreage in Dry Creek Valley. They took classes at UC Davis and Santa Rosa Junior College and became grape growers. Eventually, they bought 40 acres in the hills above the valley, planted grapes and built their home. Since her husband's death several years ago, **Susan** has continued growing grapes on the home ranch, selling the fruit from 16 acres of vineyards, and selling or donating olives from an acre of trees.

Although **Susan** has lived in the Healdsburg area for almost two decades and knows many AAUW members, she was busy with her vineyards and her board memberships (Alliance Medical and Community Foundation Sonoma County and its Healdsburg affiliate), as well as indulging her love of travel. As her volunteer work began to slow just a bit, **Susan** noticed an AAUW table at an event in the Plaza and filled out the membership form. She looks forward to joining a book group and exploring the area with our hiking group.

Lauren Mills

As a relatively new divorcee, **Lauren** moved up to unincorporated Healdsburg six years ago from Los Altos Hills. A native of Moraga, she went to college at the University of Oregon and then settled in the south bay where she raised three children. When the youngest headed off to college, **Lauren** sought to free herself from what had become an unhappy marriage.

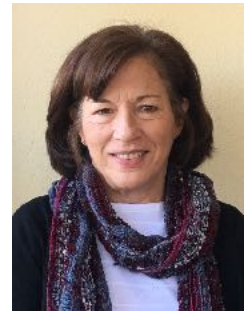


Finding the divorce process long, frustrating and intimidating, **Lauren** (at the suggestion of her attorney) began a divorce coaching business, helping women like herself understand and grapple with what is often a very difficult process. In moving to Sonoma County, **Lauren** became a certified Life and Executive Coach, certified Positive Psychology Coach, and certified Divorce Coach. She specializes in helping women experiencing all types of transitions: job change and motivation, executive to stay-at-home mom, empty nest, loss of spouse and divorce are just a few.

Lauren joined AAUW because she works from home and was finding herself more and more isolated. In addition to wanting to make friends, **Lauren** wants to renew the volunteer work she did when she was staying at home raising her children. She currently volunteers at 4 Paws and PSST.

Diana Pennington

Born in San Jose, **Diana** started school at the state college there, but marriage and children took her away from her studies before she was able to complete her degree. As a divorced single mom of 2 boys, **Diana** waited until her kids were beginning college to go back to school and finished her bachelor's degree in public relations. She doesn't regret this one bit, finding her maturity an asset to her education and delighting in developing relationships with younger students.



With a long career in printing and publishing—graphic designer, magazine art director, commercial printing sales—she took her newly-attained degree and went to work as a book publicist in the North Bay. Happily, **Diana** retired a year and a half ago and has had an opportunity to pursue art as a joy instead of for work. She is taking painting classes and has gone back to photography as well. **Diana** loves gardening, is a big reader, and loves spending time with her four grandchildren. She is excited to meet new friends and is interested in using her marketing skills to help with the Homes Tour.

Kay Vick

Kay Vick grew up in the Corpus Christi and Rio Grande Valley areas of Texas. She met her husband while in college at Baylor and the two thought they would try the north. After 15 years in Waukesha Wisconsin, Kay's husband had shoveled enough snow for a lifetime and the couple moved to Houston where they spent the next 25 years. In 2015, with their daughter, son-in-law and 3 grandchildren living in Sonoma County, the couple moved to Healdsburg and soon after to Windsor. She and her husband, a retired dentist, have two children and five grandchildren.



Beginning her career as a teacher in Texas, **Kay** eventually became a middle school guidance counselor and spent 12 years working with 7th and 8th graders in

Wisconsin. “When you love middle schoolers, its a terrific job.” And **Kay** loved this age group. However, toward the end of her career in Wisconsin, she found the politics of the state changing drastically. Where social, health and mental health services were once available for her students, **Kay** watched as the government’s priorities shifted and the services disappeared.

Moving back to Texas, **Kay** found the politics there drastically changed as well. She grew up in a solidly blue Texas—the land of LBJ—and when she returned, her blue state had turned decidedly red. **Kay** is very happy to be living in California where the state’s priorities better match with her own.

While **Kay** belonged to AAUW branches in both Texas and Wisconsin, she had little time, while raising two children and working full time, to become actively involved. Today, she looks forward to getting to know California, working on political projects and of course, making new friends.

—Hillary Kambour

The Grapevine is published online each month, except in July and August. Please submit articles and announcements in WORD or PAGES and photographs in Jpeg by the 15th of the month prior to the issue in which you want them included. Send to kk.lacy@gmail.com.