

October 2018

Volume 34, Number 2



FALL CLASSES BEGIN TUESDAY, OCTOBER 9, AND THURSDAY, OCTOBER 11. PETER ELMAN PRESENTS PART 2 OF "THE HISTORY OF ROCK AND ROLL" AND STEVEN CAMPBELL BRINGS US "YOU ARE WHAT YOU THINK." REGISTRATION IS OPEN NOW! DETAILS ARE AVAILABLE ON THE WEBSITE!

Pete Elman



Steven Campbell



Classes are from 10:00 AM to 11:45 AM, an extra 15 minutes longer than in the past. Registration began on September 1 at <u>www.healdsburg-ca.aauw.net</u>, and the cost for each six-week course is \$95 (non-refundable and non-transferrable). Classes are held at Raven Performing Arts Theater, 115 North Street, Healdsburg.

—Sharyn Sarquis



## President's Message

Another successful Kick-Off event due to the efforts of the Social Activities Team and volunteers. Thank You! And thank you to **Tanya Enders Beach** and Gary Beach for opening up their beautiful home and yard to host this event for 60 plus attendees. The setting was lovely. This year we were privileged to receive and read a letter of thanks from Sabrina Rawson, the recipient of an SRJC graduate re-entry scholarship and to have, in person, one of this year's Tech Trek attendees, Guadalupe Nunez. She thanked our Branch for sending her to Teck Trek and also shared the exciting things that she learned at camp. Both are amazing young women.

On Monday September 17th, your Branch Board held its annual retreat, which includes such things as reviewing the annual budget, discussing Program proposals, reviewing and—if necessary—making recommendations for updating the Policies & Procedures and By-Laws. This year we discussed the feedback from the May Annual meeting as well as a proposal to reorganize the Board. The lengthy discussion of the Board reorganization and membership feedback directed us toward our 2018-19 Strategic Goals. These are 1) Improve New Member Experience, and 2) Establish Mentorship Program for Tech Trek Girls. At our October Board meeting we will develop tactics to achieve these goals and work on finalizing a Board reorganization.

Here's what's happening at AAUW State:

Each member of **AAUW** California received a legal notice in September pertaining to the hearing with the State of California to reclassify our status from a mutual benefit to a public benefit corporation. This is a document that was legally required and vetted by the Office of Corporations for the hearing. As stated in the notice the hearing was scheduled to take place in San Francisco on September 25. Our attorney will handle the hearing on our behalf and will keep us informed of any unexpected developments, none of which are anticipated. This hearing is the next step in the process to obtain the re-classification. Once a favorable decision comes from the Office of Commissions, AAUW State will proceed with updating and re-filing governing documents with the appropriate government entities.

Here's what's happening at AAUW National:

A new strategic plan: The AAUW Strategic Plan is created through an inclusive process involving the AAUW Board of Directors and staff. The goals, indicators of success, and strategies reflect an integrated approach to fulfilling the mission, vision, and value promise. As AAUW continues to move forward in a changing world, so have the Strategic Plan and Vision Statement. Go to www.aauw.org to learn more about AAUW's Mission, Vision & Values, and National's strategies to achieve those.

-Nancy Haiston

# SPECIAL AAUW PROGRAM! "Confronting the Opioid Epidemic" October 3, 2018 at 7pm Raven Performing Arts Theater



6:00 pm: Doors open 6:30 pm: Demos on the use of Narcan and Fentanyl detection strips 7:00 pm: PROGRAM

We will show a PBS documentary followed by a panel discussion and Q&A.

This program is free & open to the public.

In 2016, Sonoma County had 22 opioid-related deaths and an estimated 5.7% of people over age 12 (25,000+) misused opioids. Health leaders in our community are working proactively to respond to this growing problem. Join us to:

- View a one-hour 2018 PBS documentary, "Understanding the Opioid Crisis".
- **Learn** the breadth of the problem from the Sonoma County Chief of Epidemiology.
- **Hear** how the newly formed Northern Sonoma County Harm Reduction Task Force is confronting this problem by working cooperatively with local health providers, schools and law enforcement and by engaging the public and the health community in forums such as this.
- **Hear** from a recently retired Healdsburg District Hospital physician and his wife who lost their son to an overdose.
- **Listen** to a local physician who will give clinical information.
- **Find out** about local resources for treatment and safe disposal.

Sponsored by Healdsburg AAUW, Alliance Medical Center, Healdsburg District Hospital, Healthcare Foundation of Northern Sonoma County, Corazon Healdsburg, and Soroptimists International Healdsburg Chapter.

-Submitted by Terry Leach, Sue Campbell and Winky Merrill, Organizing Committee

# **COMMUNITY SERVICE**

### **FUTURE PREP**

Shelley Anderson, the Work Based Learning Specialist and Scholarship Coordinator at Healdsburg High School has asked for volunteers to listen to mock interviews conducted with the high school juniors to help them practice their interview skills. The dates are October 16-17, and here is a link to sign up. Thanks!

https://www.signupgenius.com/go/5080C44A4A82EAAF49-mock

-Beth Wolk

### GEMS (Girls in Engineering, Math & Sciences)

The first GEMS program for 2018/2019, a Professional Women's Career Panel, was held Monday evening, September 17, at the Healdsburg Library. I am pleased to report that we successfully met our goal to inspire young women to consider careers in STEM by continuing to focus on math and science. We had a panel of six women, including myself, two other **AAUW** members, two additional local professional women and the daughter of an **AAUW** member. The diverse panel included careers in computer science, information technology/project management, EMT/ET/physician's assistant, nursing/sales/marketing, medical technology/clinical research/regulatory affairs, and wine making. Each panelist briefly highlighted her personal academic preparation, education decisions, career paths/highlights, and professional skills beyond science and math that she believed was critical to career success. Most of panel time was spent in an informal Q&A where students and parents asked very thoughtful questions that led to an interesting dialogue about insights and challenges navigating secondary education. Ten students—ranging from the 8th to 12th grades—and five parents attended the event. Eight of the ten students were overwhelmingly positive.

Special thanks to the other panelists: Julia Graves, Cheney Fossum, Connie Cservenyak, Sarah Schuiling, and Sandy Walheim. Thanks also to Cathy Mock, Liz Schuiling, and Karla Rosen who were all vital to the planning and execution for the evening.

–Vicki Pearson

#### Needed: Holiday School Supplies Chair

We are looking for someone to take the SHORT-TERM position of organizing the holiday school supplies that **AAUW** members donate to the classroom teachers at West Side, Healdsburg Elementary and Fitch Mountain campuses. It involves working with the principals of the sites to generate a list of items that teachers need and working with the Social Chair and Grapevine Editor to include information in the invitation to the Holiday Party and *Grapevine*. After the items are collected they will need to be sorted and distributed to the schools. It would be a great position for one person or for two people to share, and it is very much appreciated by the staff members at the school sites. Please let **Beth Wolk** know if you are interested (<u>blwolk@gmail.com</u>.

-Beth Wolk

**UPCOMING CULTURAL EVENT!** 



# SOCIAL ACTIVITIES AND INTEREST GROUPS

## Another Successful Kick-off Reception!

The AAUW Healdsburg Branch started the year with new as well as past members attending our 2018 "Kick-Off" Reception, a yearly event organized this year by Violet Nelson. All went smoothly, and effortlessly in the hands of Violet. We could not, of course, have done this without our generous and gracious host, Tanya Enders Beach; she opened her home to our organization, and, along with her daughter and son-in-law, helped to make this such a successful event. The grounds of her backyard overlooking the mountains made for an extraordinary and picturesque evening. In addition, a shout-out to new member Theresa Cabral for loaning her husband Doug as bartender for the evening. We had a wonderful turn-out. We look forward to seeing all members at our future events, including Lunch Bunch, October10th, organized by Janet Donaldson; our Cultural Event, Sunday, October21st, organized by Hallie Beacham; and Wine and Dine, November 3rd, organized by Tanya Enders-Beach and Laura Kramer. Please check below for more information and sign-up details for these upcoming events.

-Kathryn Henderson

## Please join us for the AAUW Fall Lunch Bunch Wednesday, October 10, 2018 - 11:30 a.m. BRAVAS: SPANISH TAPAS ON THE PORCH 420 Center Street, Healdsburg

To all Lunch Bunch participants — We have a fun year ahead with tastes of international cuisines. Our first gathering will be out on the porch at BRAVAS. Get your tastebuds ready to experience delicious Spanish tapas, ranging from chicken croquettes and Duncan mushrooms to Spanish roasted potatoes, cider-braised chorizo and more. Chocolate mousse and hot rum balls for dessert.

Seating will be limited so be sure to reserve early. Checks for \$30 each (includes tax and tip but not beverages) should be made out to Janet Donaldson and mailed to her at 104 Lavender Circle, Healdsburg 95448. Please RSVP by October 1st.

# Happy Hour at Mill Creek Winery, September 20th













-Photos courtesy of Sue Finan

## The Wine -N-Dine Season Begins in November!

Due to popular demand, we have added a 3rd date for our Wine-N-Dine events, which will be starting up again in November. These dinners, held simultaneously at various member homes, are a great way to meet new people in **AAUW**. All are welcome either as a couple or a single. Because there are anywhere from 6 to 10 people at each dinner party, it is easy to talk with everyone and get to know them better, while enjoying great food and wine! The dates we have planned for our 2018-2019 Wine-N-Dine events are: Saturday, November 3; Friday, January 25; and Saturday, April 6.

An email blast will go out on October 1 asking for volunteers to host the November 3rd event. Once we line up hosts, we will send out an email on October 16th asking if you would like to attend as a participant. Attendance is limited by the number of hosts and will be first-come first-served once we have hosts lined up. Please be on the lookout for these two emails if you would like to take part as either a host or a guest. Many of you know the "rules" for hosting a Wine-N-Dine event; however for our new members and for those who need a reminder, here's how it works:

The host is responsible for choosing the arrival time, setting the menu (may be a theme if you like), setting the table, and asking the attendees to bring a course for the meal.

Usually the host supplies the main course; however she may choose any course. The host then asks the members of the group to each bring one of the additional dinner courses. (The courses usually included are an appetizer, a salad, a main dish, a side dish, and a dessert.) This may be modified depending on the number of attendees.

Two single attendees may be asked to share bringing a course, or each could supply one, depending on what is needed. In addition to the course they are providing, each "couple" should bring a bottle of wine or a beverage of their choice.

During the evening, some hosts choose to let the conversation flow. Others ask attendees to share a little about themselves. The hosts are free to organize the evening as they choose.

We hope you will attend one or all of these fun, intimate dinner parties! Please email Laura Kramer at drlaurakramer@gmail.com if you would like to host.

-Laura Kramer and Tanya Enders Beach

## AAUW Book Clubs

Did you know?.... Are you looking for a new book to read? Check out the **AAUW** book groups' reading lists. Go to our web site: <u>healdsburg-ca.aauw.net</u>; Click activities; Click interests; Click book groups ...And there are the lists for each of our book groups.

-Kate Van Ness

CALLING ALL BOOK LOVERS AND READERS AS WELL!!

Are you looking to join a group of "women who read" and meet on the first Wednesday of the month from 1 to 3 in the afternoon? LOOK NO MORE!

Join us October 3 for our first gathering in the Fall. We are reading: BORN A CRIME: STORIES FROM A SOUTH AFRICAN CHILDHOOD by Trevor Noah. Contact **Barbara Reid** (blsreid@ gmail.com) for more information.

# **MEMBERSHIP**

### Healdsburg AAUW Membership for 2018-2019

Thank you very much to all the members who renewed their membership prior to June 30th. If you have not renewed yours, you still have time! Annual dues for 2018-2019 are **\$104**. An invoice to those who have not renewed will soon be coming to your inbox as a reminder from the national office, so look for an email from: memberinfo@aauw.org Renewing your membership online is very easy. Simply click the link provided in national's email to renew with either your credit or debit card. If you would rather pay by check, simply slip your check made out to AAUW into an envelope (application not necessary...we have that information) and send to:

Healdsburg AAUW Membership P.O. Box 1064 Healdsburg, CA 95448

-Patty McHugh



### **MEMBER NEWS**

Congratulations to Sue Finan on the publication of her novel, "The Cards Don't Lie."

Audrey Darby is hosting a wine intern from Italy who is working @ Lambert Bridge Winery. She hosted two wine interns from South Africa four years ago. Hosting is a good way to find out more about another country, and host homes are needed desperately by the wine industry. Audrey says "When I host I feel I am sharing part of our country and country."

### **CORRECTIONS AND ADDITIONS**

Correction/Change: —Diana Meyers should be Diane Meyers

**New Members:** 

-Susanne Bonnet, jebseb@sbcglobal.net

-Jean Hackenburg, jean@hackenburg.com

-Mary Thorpe, marythorpe35@gmail.com

## WELCOME TO OUR NEW MEMBERS! READ ALL ABOUT THEM BELOW!



### Jean Hackenburg

Jean has long known that Sonoma County is paradise. She and her husband moved up from Silicon Valley twenty-one years ago. Avid bike riders, Jean and her husband came here on weekends to cycle and decided to stay. In 1997, they moved to 20 acres south of Santa Rosa, built a home and put in a 12+ acre vineyard. Although they loved country living and being in the wine industry, 5 years ago they decided to downsize and eventually landed in Lakewood Hills in Windsor.

Although Jean started out her career as a German/English major, upon moving to Silicon Valley in the early 1970s, she found herself working in the accounting department of Atari. After getting an MBA at Santa Clara University, over a 10-year career, she worked her way into the position of Vice President of Finance for Atari's largest division.

After Atari, Jean became the finance and operations officer for many a tech company, including a small Santa Rosa startup called Alantro, a company that designed WiFi semi-conductor chips. Most of her work post-Atari involved fund raising and M&A. After Alantro she got involved in angel investing and consulted for a number of technology startups in the North Bay. After a stint at a winery and Traditional Medicinals she retired for good in 2016. Jean loves to garden and she and husband John still enjoy cycling and adventure travel to out of the way places. After hearing so much about **AAUW** from several good friends, she decided it was time to join. Welcome!



### Mary Thorpe

As a young woman, Mary Thorpe was fired from a job she enjoyed because she was pregnant. This wasn't simply a hurtful, discriminatory act but a significant economic hardship for Mary and her husband, and it made Mary determined to work for fairness toward women for the rest of her life. And work she has.

After getting her three children to school age, Mary went back to school herself and finished her undergraduate work in education and sociology. She began teaching women's studies and art and went on to finish her master's degree in art curriculum. She combined the two passions and worked both as a director of women's studies and art teacher.

When Title IX was passed, Mary found work traveling around the state assessing compliance with the federal program. Eventually that turned into her own

business, doing compliance review with not just Title IX, but other civil rights educational requirements such as the Americans with Disabilities Act and the Civil Rights Act.

Recently widowed, Mary moved to Bishop's Ranch where her daughter and son-in-law work. She has children and grandchildren in Manhattan and in Davis. Mary now has time to pursue her watercolor painting and her fiber art. And she has time for AAUW. She is hoping to join a book club and is looking perhaps for a way to use her Title IX expertise as well.

-Hillary Kambour

The **Grapevine** is published online each month, except in July and August. Please submit articles and announcements in WORD or PAGES and photographs in Jpeg by the 15th of the month *prior* to the issue in which you want them included.

Send both feedback and newsletter content to me at <a href="https://www.kk.lacy@gmail.com">kk.lacy@gmail.com</a>. Many thanks!

-Katherine Lacy