

Seasons Greetings

AAUW Holiday Party

Sunday, December 8

4:30-7:00 p.m.

**Home of Bill and Jan Garwin
377 Bridle Path
Healdsburg**



Couples whose last names begin with A-O, please bring an hors d'oeuvre to serve 12 and a bottle of wine.

Couples whose last names begin with P-Z, please bring a dessert to serve 12 and a bottle of wine.

Singles please bring a bottle of wine to share.

Carpooling is **REQUIRED!** Only street parking is available. We still need two volunteers to help direct traffic for house drop-off during the first hour of the party. Please call Jan at 431-0240 if you can help to direct cars.

RSVP by **NOVEMBER 27** to Jan Garwin at 431-0240 or email jan.garwin@gmail.com.

January Speaker Series

Please note: **There is no Speaker Series meeting in the month of December.** In the new year, Speaker Series will resume on **Tuesday, January 7, at 5 p.m. in the Healdsburg High School Library.** The speaker will be **Georgia Berland**, Executive Officer, Sonoma County Task Force for the Homeless, who **will speak on the topic of homelessness in our county** and the efforts that are being made to bring this critical situation to an end. —Karen Danielson and Rita Minkin

President's Message



I can't believe we're already almost into December! The AAUW holiday party is just around the corner (December 8, 4:30 p.m. at **Jan Garwin's**). Thanks to Jan for hosting and helping to organize it along with

Violet Nelson. I hope to see many of you there. We will also again be collecting school supplies for Healdsburg Elementary School (pencils, erasers, glue sticks, whiteboard markers, highlighters, post-it's, stickers, etc.), which you can drop off at the party.

I also hope you all will enjoy a peaceful and bountiful Thanksgiving. This is a good time of year to give thanks for all that we have to enjoy in

Healdsburg and to all our hard-working AAUW volunteers and supporters who enable us to help so many women and girls.

In October I was fortunate enough to participate in the GEMS *Professional Women's Night* with five professional women (mostly members) and 15 GEMS girls plus their parents. Thanks so much to **Hala Alshahwany** and **Victoria Toboni** for organizing the event and for leading the whole program. I know they took the GEMS girls to Medtronic soon after, and I'm sure it was an enlightening trip for all of them. (See page 4.)

Here's wishing all of you and yours a very happy holiday with plenty of family, friends, and good cheer!

—Sue Campbell



AAUW 2014 HOMES TOUR
Sunday, May 4, 2014
10 a.m. to 4 p.m.

Use Your Holiday Buying Power to Help Homes Tour!

The holiday season is a great time to let our advertisers, sponsors, and long-time supporters know that we appreciate them. As you do your holiday shopping, dining, and visiting please let the following know that you are part of AAUW and thank them for their contribution to AAUW's Healdsburg Homes Tour. We are so fortunate to have many wonderful supporters that the following list is just a portion of our generous contributors. We'll have more names in the next issue. Meanwhile, please show your appreciation to: Big John's, Ferrari Carano Vineyards and Winery, Healdsburg Lumber/Hudson Street Design, Saint Dizier Design, Tallulah, Diane's Estate Jewelry, Erickson Fine Arts Gallery, Myra Hoefer Design, Just

For You Gallery, Options, Salon Melrose, Surface Art, Zizi, Harris Gallery, Downtown Bakery and Creamery, Garrett's Ace Hardware, Costeaux French Bakery, Copperfield's Books, and Levin & Company Booksellers. It could be a huge help to our 2014 efforts. The Advertising and Sponsorship team is getting organized to hit the ground running in 2014. If you are willing to help sell ads for the program or solicit sponsors between January 15 and March 15, then please contact **Cynthia Adam** at cdadam@aol.com. If you have any suggestions or ideas about prospective advertisers and sponsors, please pass them along to me as well. Thanks for your help!!!

—**Cynthia Adam**, Advertising and Sponsoring Chair



Then Help Us in All the Ways You Can

Without Homes Tour we cannot fund the things in which we take so much pride: i.e. \$3500 scholarships to five or six SRJC women going on to a four-year college; GEMS; PPST; Expanding Your Horizons; the Reading Rocks books for first graders; and various Healdsburg Education Foundation projects to which we have given at least 25% of HHT proceeds, including the elementary school science enrichment program, keeping the high school library open after school for homework, a music assistant for the junior high, computers for the high school, and this year's *Pasitos* program.

Not a penny of the money used for these local scholarships and educational grants comes from your dues, as our local branch only receives \$20 of the \$85 dues for membership in the national and state organizations. Until the last couple of years funding for Tech Trek came out of the proceeds of the HHT. Since it costs \$900 to send a girl to Tech Trek, we are extremely grateful to the generous individuals and businesses who have been financing Tech Trek. This year we will send eight girls to Stanford.

In spite of how much fun we may have in AAUW, we must not lose sight of the fact that we are a service organization. Therefore, we need each member to participate in the Homes Tour, our major fund raiser. Participation means both physical *and* financial support to the extent of one's ability.

Disappointingly, last year only 74 of our 156 members purchased a ticket to the 2013 HHT and a mere handful of others made donations. For years we have expected each member to buy a tour ticket and at least \$60 worth of raffle tickets as a minimum, but we can do better, and we are happy to accept donations. Let's try for 100% participation in 2014!

Thank you to our loyal members who year after year buy tour and raffle tickets, generously donate time doing multiple jobs in the months leading up to the tour, bake dozen of cookies, and work on the day of the event. You are the backbone of AAUW's HHT.

Happy Holidays!

—**Janet Hoehn** and **Ronnie Devitt**, Co-chairs of the HHT Team

New Member Email Addresses

Scarlett Wood allaboutennis@gmail.com

Sue Yavorsky SueYavorsky@gmail.com

New Cell Phone Number

Barbara Gruber : 707/ 696-9655

— **Gail Wright**

GEMS Update

Girls Engaged in Math & Science (GEMS) program had very busy, well-attended events in October.

The *Professional Women's Night* held on October



16 was a great success, with 18 girls plus parents and friends attending. **Victoria Toboni** (GEMS Coordinator) introduced a panel of great AAUW role models and their colleagues (Cathy C., Kathy P., Sue C., Laura T., Diane B., Janice S., and Lavonne N.) who came and talked to the girls about their varied educational backgrounds and career experiences. STEM and other fields were covered in the presentations emphasizing the importance of taking math and science in school. The girls conversed with our panel, learning how academic paths and careers were chosen, and expressed



great enthusiasm in exploring their options in the future.

Soon after *Professional Women's Night*, the GEMS group of 23 girls (grades 6-9) visited Medtronic Inc.

in Santa Rosa on October 25. Medtronic designs and manufactures stents: life-saving tiny mesh tubes that are used to open clogged arteries through non-invasive procedures. The girls were divided into groups with demo tables showing them how stents are made, what their properties are and how they are deployed in humans. The demos were captivating and provided hands-on exposure for these medical devices. The groups then toured the fatigue testing lab where products are tested to ensure their safety and durability. The girls also visited the C-Arm lab, where they were shown how doctors use x-rays and other machines to figure out the patient anatomy and fit them with the appropriate stent size. Finally, the girls got to hold and examine real pigs' and cows' hearts; yes, it was the real deal and most of the girls loved it (only a couple felt squeamish and needed to leave the table).



I was a little worried about the younger girls (sixth graders) losing focus during some of the presentations, but when carpooling home afterwards, all four sixth graders in my car asked me how long I worked at Medtronic, what I did there, and what I needed to study to be able to do my job. It was wonderful to see that they were captivated by this technology and their curiosity was triggered. And then, three out of four girls said: "When I grow up, I want to work at Medtronic". That was music to my ears!

—**Hala Alshahwany**, GEMS Coordinator

Pay Equity

Have you ever believed you were paid less than your male counterpart? I have. When I challenged my dean on the issue, the answer I received was, “He has greater



need!” I won’t drag you through the morass of academic politics, but I will try to arm us, and hopefully our daughters, granddaughters, and nieces with helpful AAUW resources. To search for any of the items below, Google the key words in bold type.

*The **Simple Truth** about the Gender Pay Gap* is the most comprehensive AAUW publication on this topic. Revised twice a year, it’s available in hardcopy from the **AAUW** store and in PDF format for downloading. The publication explains the pay gap in the United States, how it affects all ages, races, and education levels, and what we as individuals can do to reduce it.

*The **Pay Equity Resource Kit*** with helpful suggestions for programming can prepare you for presentations to groups of students or community organizations.

*The **2013 Holiday Gift Guide** for Girls of All Ages* is a great list of 16 gifts that defy stereotypes. Organized by age, it even includes a Barbie Doll that is a computer engineer! The best seller is a onesie outfit for babies that has “Future Scientist” on the front.

*An **Overview of the Title VII of the Civil Rights Bill*** of 1964 includes an AAUW interpretation of the law covering discrimination in the workplace, limitations on filing a charge, institutions to contact

and relevant legal cases. AAUW has been relentless in seeking legislation for women that goes beyond this law.

Graduating to a Pay Gap: The Earnings of Women and Men One Year after College Graduation Executive Summary and Recommendations is a study controlled for factors such as the number of hours worked, college major, occupation, and other variables that affect earnings. It also addresses the issue of the debt burden that is acquired from college loans and is an eye-opening reading for members, high school girls, and parents.

*The **AAUW Salary Calculator*** is the most interesting item in this bibliography. Using the 2010 and 2011 data from the U.S. Census Bureau American Community Survey data, this online calculator finds the average earnings for women and men in the first two decades after college graduation. The findings are based on your major and your job. The sad story of women’s wages as a percentage of men’s wages is very visible. Not all occupations have complete data.

In conclusion, some hard facts: California ranks fifth among 50 states in pay disparity between men and women. Women fare best in Washington DC, followed by Nevada, Vermont, New York, and California. Wyoming is last.

—Ann Allan, Public Policy Chair

If you are aware of any member who is ill, has had an operation, an accident, or has passed away, please notify **Sheila Kneass** so that a card can be sent to the person or family from AAUW. skneass@att.net 433-5646

2014 Cultural Events

The Cultural Events below are scheduled for February through May 2014. AAUW members and their guests will carpool from Healdsburg with a departure time between 9 and 10 a.m. Each event will be followed by a no-host lunch at a restaurant, (for example, we will probably go to the *Spinnaker* in Sausalito following the Georgia O'Keefe exhibit). Our return to Healdsburg after each event should be no later than 4 p.m. In addition to the cost of lunch and gas contributions to drivers, there will be a modest tour cost for each event, as noted below, but subject to change.

Reservations: Details regarding making reservations will be provided in the January and subsequent *Grapevines*. But do note these dates on your calendar and plan to join us! **SAVE THESE DATES!**

Wednesday, February 26

Georgia O'Keefe Exhibit at the DeYoung Museum, San Francisco (\$25 for non-members)

Wednesday, March 26

Hesse Collection of Art & Winery Tour, Napa (\$30 per person)

Wednesday, May 21

Quarryhill Botanical Garden, Glen Ellen (\$15 per non-member)

—Lida Simmons and Lynda Guthrie
Committee Chairs



The Calpine Geysers Tour in October

Lunch Bunch



Lunch Bunch at Cafe Lucia in November



Lunch Bunch Newsflash

Our next lunch date is **Thursday, February 13** at **Chinois Asian Bistro** in Windsor. (*Say Shin-wah which is French for Chinese.*) Get set for delicious contemporary Pacific Rim dining. Stay tuned for all the delicious details in your January *Grapevine*.

—Barbara Gruber

Member News

Barbara Covello reports she is volunteering with the Sonoma County Task Force for the Homeless; there will be a fundraising theater evening at the 6th Street Playhouse, presenting **Victor/Victoria**, 52 West 6th Street in Santa Rosa, on Thursday, January 9, 2014, 8 p.m. Wine, hors d'oeuvres, dessert, and raffle will be held at 7 p.m. To purchase tickets (\$35) please email yvonnearlene@comcast.net.

—Barbara Covello

New Members



Scarlett Wood moved to Cloverdale five years ago from Hillsborough. She retired in 2006 after 27 years as a nurse practitioner. She attended the University of California, Berkeley, and the UCSF School of

Nursing with a MS in women's health, specializing in obstetrics and gynecology. Her work history includes public health service in addition to hospitals in Redwood City and San Francisco. "I did acute male medicine at San Francisco General Hospital, but after interning with the chief of obstetrics, he hired me to stay on."

She is a competitive tennis player, and is regional co-captain of the US Tennis Association coaching for players 70 and over.

Scarlett belongs to the Montecito Racket and Swim Club; she also enjoys AAUW's bridge group, one of the book clubs, as well as meeting others at the various social events. "I also trained as a life coach: assisting people accomplish goals such as improving a career, helping with weight loss, and learning how to take action on their own personal goals." After graduating in 2004 from "Quantum Coaching" she worked with out-of-control teenagers coming home after being in controlled group facilities.

She recently returned from England where she visited old family gravesites from 1600.

Her husband is retired from the FBI.

Rita Loskill moved to Healdsburg from San Francisco two years ago; she has lived in the Bay Area for 50 years. She worked in the healthcare administration field where she has served in



many capacities. Most recently she retired as executive director of the Glaucoma Foundation, a research nonprofit in San Francisco. Previously she managed a six-state territory for the National Home Health Care Service which provides home care for Medicare, insurance companies, and Medicaid patients. She received her BA from St. Mary's College in Moraga, California.

She now is involved in several local activities such as the Healdsburg Center for the Arts. "I really enjoy all types of art work, especially the many types of shows." She also serves on the board of directors for Alliance.

She enjoys walking, hiking and travel, "especially in Cuba: it was like going back in time. Even though the people have many ways of coping, they remain upbeat." She has traveled on every continent except Antarctica.

Rita adds that she used to enjoy sewing, but is currently looking for new areas in which to become involved, including AAUW book clubs, the speaker series, and walking and hiking activities.



Susan Yavorsky

recently retired from a 24-year teaching career, including Fitch Mountain School, Healdsburg Elementary, and R.L. Stevens Elementary, southwest

of Santa Rosa. She received her BA in journalistic illustration from Syracuse University; and obtained a teaching credential in bilingual education and ESL from Sonoma State. In 1989 “I bought a 1950s-era house in Healdsburg because of the two elms and hardwood floors.”

Her favorite teaching activities included presenting Christmas plays with students and collaborating in teacher performances. “I’m also interested in becoming a better bridge player, gardener, and community member in beautiful Healdsburg.” In addition to the various AAUW activities, she enjoys painting with water colors, being involved in the Healdsburg Peace Project, the French Causerie, and photography. She plays with the Golf League at Tayman. “I also like playing guitar and visiting with friends.”

She’s traveled to Krakow, Paris, Antigua, Machu Picchu, and Scotland. “I recently made a 25-mile hike from the Golden Gate Bridge to all over San Francisco. This fall I enjoyed visiting family in New England and seeing the fall foliage.”

Her father worked for a United Nations agency, so she has lived in areas throughout the world including Rome, Italy; Lima, Peru; and New York.

Carol Herring

divides her time between Healdsburg and Geneva, New York. “My husband died in 2006, and since I have children and grandchildren in this area, I decided to buy a



townhouse here in Healdsburg to spend more time with them. “Winters are difficult in upper New York State, so by dividing time I can retain my residence and long-time friends in New York, and enjoy family and good weather here.”

She graduated from Cornell University in food and nutrition in Ithaca, New York and worked primarily on research in various fields, including working part time for 18 years at Cornell in entomology. She was also a research dietitian at Duke University for six years. She has done clinical research in kidney transplants as well.

Her interests include quilting, dyeing fabric, and reading. “I enjoy cooking and gardening, and look forward to AAUW activities involving those. I also look forward to joining a book club.” She used to paint, and even though she’s not doing much now, she enjoys the visual arts, as well as weaving and spinning.

“When my husband was alive we didn’t do a lot of traveling because of his medical demands. I visited China earlier this year; and since I have a sister-in-law in France, I plan to go there frequently.”

—**Gloria Norton**

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