

FEBRUARY 7, 2017: SPEAKER SERIES

HEALDSBURG HIGH SCHOOL LIBRARY
1024 Prince Avenue, Healdsburg

5:00 PM Social Gathering
5:30 - 5:50 PM Blood Pressure Awareness Check

“We’ve done several screening events in which we've tested the blood pressure of over 2000 neighbors, and one quarter of the people screened have uncontrolled high blood pressure even when under the care of a Doctor. This is why it is so important to have blood pressure checks on a regular basis.”

—Terry Leach, AAUW Member

6:00 PM Speaker: **DR. RACHEL MAYORGA, MD, PC**



Healdsburg physician Dr. Rachel Mayorga is a primary care doctor who specializes in internal medicine and geriatric medicine. Her practice focuses on individualized preventive and long-term wellness based on the principles of concierge medicine. The concierge concept is particularly suited for people seeking a Healdsburg doctor who will spend time with them to design a personalized plan for health.

—Sandra Beddow



Our President's Message

January was a flurry of activities for **AAUW** members with the start of the winter **Forum** series, the Inauguration of a new era for our country, our first **Speech Trek** competition, the **cultural outing** to the San Francisco Museum of Modern Art, and the first **Wine-N-Dine** dinners, in addition to all of the usual interest group activities.

In February two great **Forum** classes continue. If you missed them, there will be one more class in the **Spring Forum** on Sonoma County history taught by Professor Chris O'Sullivan. On Feb. 4th many of us will be going to the **Santa Rosa AAUW Authors Luncheon** to listen to local authors and support our sister branch's major fundraiser. The **Speakers Series** returns on February 7th with the opportunity for blood pressure screening as an added bonus. The always enjoyable **Lunch Bunch** will gather at Café Lucia on February 22nd.

Important preparations are in the works for major events. First, the nominating committee is busily trying to fill the positions on our "leadership team." This description may sound like a lot of work, but most positions are not burdensome. We have many positions to fill precisely because we have tried to spread out the tasks needed to keep our branch in business. Most of the jobs are fun and you get to know more of our members by working together on various projects. So I encourage you to look at the **Leadership Team** list on the About Us section of the website to see what might appeal to you. Then contact **Nancy Haiston** to see if there is a position available.

Of course, the **Homes Tour Team** needs all the help it can get to make it a successful fundraiser. You will be individually solicited to work the day of the tour, but if you can help before then, please contact **Kim Alexander or Carlene Reininga**. Mark your calendar to attend the tour on May 7th.

Thank you all for helping to make **Healdsburg AAUW** one of the most vibrant branches in the State.

— Ronnie Devitt

Healdsburg Homes Tour 2017

Sunday May 7, 2017

10:00 A.M. to 4:00 P.M.



Planning the **27th Annual Healdsburg Homes Tour** is always exciting and always a challenge. How many homes can be toured in Healdsburg after 26 years? We're pleased to say that we have managed to line up great homes, including a classic gem that everyone has wanted to see for years. We know you'll be fascinated with the old as well as the exciting new homes on this year's tour.

But we have challenges also. We have recently lost two key members of our team: the **Docent Chair** and the **Publicity Chair**. As of this writing, we are looking for replacements and we can guarantee if you join us you'll have fun working with a great team, and being at the center of a wonderful event. Please contact us if you'd like more details about these positions. As President Obama said: "This is a job of such magnitude that you can't do it by yourself. You are enormously reliant on a team." Well, we admit it's not the Presidency of the U.S., but it still is a big job!

We also are continuing our methods of organizing the fundraising and volunteer efforts for the tour. Tour tickets can now be purchased online or with a form that will be available on the website next month. This year we will begin selling tickets on March 1 and we will also be selling them at **AAUW** events.

The raffle prize this year will be a repeat: a spa visit, dinner and overnight stay at **The Farmhouse Inn**. By securing one large prize we have saved volunteer hours that went into soliciting the many small items that were in the wine country baskets. This year we will sell the raffle tickets in advance of the tour rather than "day of" only sales. These can't be sold online (state law prohibits this) so these will also be sold at **AAUW** events. We could use those saved volunteer hours from not having a raffle committee to line up volunteers for other roles, such as the **need for Docent Chair and Publicity Chair!**

Who benefits from all this hard work? Our local community, especially women and young girls, who have been given scholarships and grants to enhance their education. In 2015-16 the **Healdsburg AAUW fund** allocated nearly \$65,000 from money raised in part by the **Homes Tour**. The **Homes Tour** does much more than highlight homes, and serve cookies and tea. It gives back to the community that we love to highlight!

— **Kim Alexander** and **Carlene Reininga**, co-chairs



BUILDING KNOWLEDGE & ENRICHING THOUGHT

The **AAUW Spring Forum** begins on March 16, 2017 with a new Chris O’Sullivan course you won’t want to miss---***Contested Eden: A History of Sonoma County***. Details will follow in the March Grapevine. — **Sharyn Sarquis**

In the meantime, make a reservation at one of the restaurants participating in ***Jazz on the Menu*** on February 23rd. The **Healdsburg Jazz Festival**, like **AAUW**, supports education efforts in our community, and ***Jazz on the Menu*** is a key fundraiser on behalf of those efforts. —**Katherine Lacy**

PUBLIC POLICY

Unequal Cookie Day Is Coming!

Healdsburg AAUW’s Public Policy Committee is recruiting volunteers to help with this year’s Equal Pay Day, which falls on April 4th. Last year we got local city councils to pass **Equal Pay Day** resolutions, and in both Healdsburg and Windsor we put on a bake sale of “unequal cookies” that some of you may remember. This year we’d like to do even more!

To help out, call **Michele St. Clair** at 433-8090 or email at msaintc@comcast.net.

Learn about Title IX

Title IX is the law that mandates and enforces equality in education in the US.

AAUW Santa Rosa will host an after-school event at the Villa in Santa Rosa on **Title IX** in March. **Title IX** addresses equal access to sports programs for girls, and sexual assault on campus, among other issues. The guest speaker will be the **Title IX Coordinator for Sonoma State University**.

—**Michele St. Clair**

And more on....

PUBLIC POLICY

It is Time to Become an AAUW Activist!

The outcome of the November election and subsequent events have raised concerns in organizations that focus on women's issues, including **AAUW** and its coalition partners in California, the California Coalition for Reproductive Freedom, and Stronger California. Finding appropriate ways to express the concerns of members is a challenge. We see issues that we thought to be "settled" now have become front-page news, such as access to health care for people at all income levels, forthcoming challenges to *Roe v. Wade*, and freedom to make personal reproductive choices. "Rights" that women have taken for granted are now at risk!

AAUW is a non-partisan organization engaging in issue-based advocacy. Our messages cannot identify with political parties, but this does not mean that we must remain silent when key components of our mission are being challenged. In fact, we *must* speak up. As **Lisa Maatz, AAUW VP for Governmental Affairs** has stated, "**AAUW** will speak truth to power", and has already made strong statements as candidates for cabinet posts are being vetted by Congress. It is critical that **AAUW** members and all citizens concerned with equity be knowledgeable and aware of the current status of important issues, and take action. Women's rights are human rights!

What should you do as an **AAUW** member? First, become informed. Use the **AAUW** website to educate yourself on issues. Check your facts in these days of "fake news" messages being planted. **AAUW** staff is closely monitoring actions contemplated by the incoming administration and Congress, and posting information on the website. Next, get connected to **AAUW's** national Two -Minute Activist network. If you haven't already, take advantage of the easiest way to express advocacy: sign up for **AAUW Action Alerts**. Go to the national website, <http://www.aauw.org/what-we-do/public-policy/two-minute-activist/> and sign up. **AAUW** will notify us when it is time to make contact with our elected officials. When you use Two-Minute Activist you are automatically connected with the office of your elected Member of Congress or U.S. Senator. Make yourself heard! These electeds have offices in their districts – even consider making a visit there to express your views!

When you are signed up on national's Two-Minute Activist, you are automatically signed up for **AAUW CA Action Alerts**. As this legislative session moves forward you will also be receiving messages about taking action on CA bills and other actions that might require immediate responses from members. Change only takes place when we collectively demand it...Act now!

—Submitted by **Michele St. Clair**

COMMUNITY SERVICE

FUTURE PREP at HEALDSBURG HIGH SCHOOL

AUTOMOTIVE AND CONSTRUCTION CAREER PANEL

January 19, 2017, 10:00 - 11:40 am

The second **Future Prep Career Panel** for the 2016-17 school year took place on January 19th in the Healdsburg High School cafeteria. Approximately 50 students participated, making their way around the room in small groups to talk with eight different panelists who discussed their careers in the automotive and construction worlds of work. Jordan White and Sal Aliva, both electricians, worked as a team in the group discussions, and Bobby Arreguin and Tony Viramontes also teamed up to talk about their concrete and masonry businesses. Every panelist brought enthusiasm as well as first-hand knowledge of what their career entails and how they prepared for it.

The panelists were all smiles at the conclusion and seemed to enjoy the experience. The students were overwhelmingly positive in the evaluations they completed. Here are a few highlights of the evaluation results:

- Of the 47 students submitting evaluation forms, freshmen formed the largest group: 26. The remainder were spread fairly evenly across the three other, upper grades.
- The vast majority of participating students were interested in pursuing a career in some aspect of the automotive and construction industries; only six indicated they were not.
- When asked how much useful information they had gained from the panel discussions (the optional answers were “none,” “some,” or “a lot”), 35 of 44 responded “a lot,” with the remainder saying “some.”
- All of the students who had previously attended a **Future Prep** career panel said they had gained useful information in those earlier sessions, and nearly all the students in attendance at this one said they were interested in attending others in the future.

The success of this panel obviously reflects the quality of the panelists who agreed to participate. We want to acknowledge and thank all of them and, should you run into any of them, please thank them personally yourselves!

- Scott Chapman - Carpentry/Building Contracting
- Jordan White - Electrical
- Sal Aliva - Electrical
- Keith Dias - Sheet Metal
- Bobby Arreguin - Concrete
- Tony Viramontes - Masonry
- Vinnie Roberts - Automotive
- Rick Lynch - Automotive

Coming up on February 22nd will be a **Future Prep** career panel focusing on Arts, Media, Film and Music. If you have suggestions for possible panelists in one of these areas—preferably under the age of 35—please pass their information on to Katherine Lacy at kk.lacy@gmail.com. **—Katherine Lacy**

FUTURE PREP

January 19, 2017



—Katherine Lacy

SOCIAL ACTIVITIES

AAUW HAPPY HOUR

Thursday, February 9, 2017

Please join us for our first **Happy Hour** of 2017. We will celebrate pre-**Valentine's Day** at **Longboard Vineyards**, a tasting room with lovely wines. **Longboard** is located close to the Memorial Bridge.



Time: 5:00 PM to 7:00 PM
Location: **Longboard Vineyards**
5 Fitch Street, Healdsburg
Bring: An appetizer to share
Wines by the Glass: \$5, a bit more for premium
Parking: Available and ample

Please **RSVP** by Wednesday, February 1st to:
Carol Hazlett, carolhazlett@me.com or 707-799-1362

We hope to have a **terrific turnout**, and look forward to seeing you!

—Carol Hazlett and Neita Comings

LUNCH BUNCH

Please join us for the **AAUW Lunch Bunch Luncheon**
Wednesday, February 22, 2017, at **11:30 AM**

Café Lucia

235 Healdsburg Ave., Suite 105
Healdsburg

Menu:

Organic Mixed Green Salad
House Rolls & Butter
Herbed Rice
Seasonal Vegetable

Piri Piri Chicken & Mushroom Risotto

Passion-fruit Mousse with Mango Compote

Includes choice of Iced or Hot Tea, Lemonade, Soda, Coffee

Wine is available for an additional charge

\$28 per person, inclusive of tax and gratuity

If you plan to attend, please send a check for \$28 made out to "**Karen Thomas**"
233 Grant Street, Healdsburg 95448

RSVP before February 17th

***Note the time for the luncheon is 11:30AM (not noon)**

For more information contact **Karen** at 808-344-1592 or 808kst@gmail.com

—Karen Thomas

HOW DO YOU MAKE AN AAUW FLOAT?

Looking for something artsy to do this spring? Join us in planning an **AAUW** entry in the **Healdsburg Twilight Parade**. This is part of our year-long effort to raise **AAUW** visibility in the community! We have a concept (hint: it involves papier mâché) and we need a few enthusiasts to help make it happen... If we can get access to a large truck or flat bed, we can even create a “float” so we won’t have to walk!

We hope some of you will join us in the parade, and we hope the rest of you will watch and cheer! We will be inviting some of our scholarship recipients to participate as well. The parade is May 25, 2017. If you’d like to help with the planning, designing and creating, OR if you have access to a large truck or flat bed, OR if you have a graduation gown and mortar board you would be willing to loan, please contact **Winky Merrill** winkymerrill@gmail.com or **Diane Burnley** dburnley@aol.com

—**Winky Merrill** and **Diane Burnley**

MEMBERSHIP

Email contact clarifications:

Laura Bowman

Lmbartist@earthlink.net

Nancy Warren

nwarren@got.net

New member email:

Kirsten Tellez

kirstentellez@gmail.com

If you are aware of any member who is ill, has had an operation, an accident, or has passed away, please notify **Sheila Kneass** so that a card can be sent to the person or family from **AAUW**. skneass@att.net or 707-433-5646.

New members are the life blood of our organization, and the experience of a new friend is invaluable. If you are interested in being a “Buddy” for a new member, please contact

Pat Bertapelle, pat@vbbn.com

—**Pat Bertapelle**

NEW MEMBERS

Pat Lenz



"There's nothing this woman can't do!" This is a quote from the Press Democrat when a friend was describing **Pat's** projects and accomplishments.

Pat began in the 1970's as the chef/owner of a *Moveable Feast* in Westhampton Beach. The *New York Times* awarded the restaurant their highest rating: "It was the only time a restaurant outside of Manhattan got four stars!"

In the 80's, she and her husband Peter established the first premium winery on Long island, then upon moving to Healdsburg eighteen years ago, designed and ran the cutting-edge Hotel Duchamp in Healdsburg.

"But I've always been an artist," she said. So her home, which includes the Duchamp Vineyards, also houses her SlaughterhouseSpace/Studio. Now renowned primarily as a sculptor, **Pat's** commissioned works can be seen in numerous wineries as well as museums.

One unique mixed media piece is called "Nobody's Poodle." Where dog groomers normally shape a pompom on a poodle's tail, **Pat** designed a "perfume grenade". She also created a corresponding fragrance, F*I*F*I*, made up of five essences: the Milk of Human Kindness, the Rose of Peace, the Sea of Tranquility, Mother Earth and Mother Nature. (I'd like to spray a few whiffs of that scent!)

Pat's now working on an installation based on a painting by the 16th century Florentine artist Agnolo Bronzino. Called "An Allegory of Venus, Cupid, Folly, and Time", **Pat** describes it as a strange piece that has fascinated her for years. It's been characterized as displaying ambivalence, eroticism, and obscure imagery. (Might there be some cologne in the offing? Eau de...hmmm-)

Also, her Chiquita Road gallery is planning two shows: one will feature bees (being feminist, **Pat** loves matriarchal structure), structure-artists' use of pollen in different ways, and the other will be sculpted exhibits by Ama Torrence. Look for them: **Pat's** distinctive events are always guaranteed to "illuminate the experience of living in the 21st century."

—Sue Finan

Janet Donaldson

Sunday, February 26, 2017

The Academy Awards

Jimmy Kimmel announces: "and now, famous award winning actor Robert DeNiro will present the next prize." (mild applause)



Robert DeNiro: "In one of my hit movies, I remember being filmed with this incredible actress. Although she was not supposed to look at me; indeed, since she was considered "background", the other stars and I were to be totally off bounds to her, or she'd be kicked off the set. But I'll never forget the wonderful way she bumped into me in the film. Not too much pressure, very gracefully done."

(some chuckles, mostly from Robert)

"And so, the Oscar for the best female movie extra ever goes to....(drum roll).... **Janet Donaldson**. (enormous applause)

Overcome with joy, **Janet** goes on stage to receive her trophy.

"Truly, I never thought I would win this great honor. I only took the job as a movie extra while I lived in Chicago because it gave me the opportunity to hang out with the camera guys. If I came back in a different life, I would be a cinematographer."

"I'm a film junkie: I love festivals, such as the fabulous one held in Mill Valley, and I'm always filming parties and events of family and friends. Besides being a Chicago tour guide, I was also a professional photographer and even had my own dark room."

(Janet wipes a tear from her eye....)

"And I want to thank my husband Tom for accompanying me to Summerfield's superb productions, plus my four children for instigating our move from Sonora to Healdsburg four months ago, and, of course **AAUW** for providing fabulous ways to meet my neighbors---through Jazz Forum, hiking group, book discussion clubs, and happy hours. Because I love to entertain, I especially look forward to Wine-N-Dine group! Thank you! Thank you!"

(kiss, kiss, and then thunderous applause)!!!!

—Sue Finan

FOR YOUR INFORMATION:

Occasionally the email and/or website links do not work for some of our **AAUW** members. If this occurs

- For emails, go to your own email site and type in the email address
- For websites, go to Google and type in the website address

We apologize for this inconvenience; however, we have been unsuccessful in correcting this occasional glitch.

The ***Grapevine*** is published online each month, except in July and August. Please submit articles, announcements, and photographs by the 15th of the month to the ***Grapevine*** editor, **Diane Burnley**, dburnley@aol.com